

حمل الآن

مجاناً وحصرياً

المراجعة رقم (1)

اختبار شهر مارس





Review

on Unit 1 | Safety

Vocabulary



policeman



safe



dangerous



careful



rules



seat belt



emergency



street



helmet



signs



ambulance



hurt

Language in Use

Imperatives

Inf. باقي الجملة + مصدر الفعل.

ex Be careful!

Don't + inf. باقي الجملة + مصدر الفعل.

ex Don't run in the street!

Modals for rules

Subj. فاعل + must / mustn't + inf. مصدر الفعل

- ex - You **must be** kind to your friends.
- You **mustn't touch** hot things.

Phonics Focus

Consonant Blends

sl			
	slide	slow	slip
gr			
	green	grow	grass
st			
	star	stop	stone
tr			
	tree	train	truck

Important topics



تعتبر مهارة الكتابة من المهارات الأساسية للتعبير عن فكرة أو موضوع لذا يجب استخدام جمل وأفكار مترابطة.
قم بقراءة هذه الجمل لتساعدك على التعامل مع مهارة الكتابة (٨ جمل).

1 Safety at home

We have rules at home to keep us safe^[1]. We must be careful^[2]. Children mustn't leave toys on the floor^[3]. Someone may fall^[4]. We mustn't touch hot cups^[5]. Children mustn't go near the stove^[6]. Parents must teach their children how to stay safe at home^[7].

2 Crossing the street safely

We should follow some rules to cross the street safely^[8]. We mustn't run on the street^[9]. We mustn't cross the street when the light is red^[10]. We must wait for the green light before we cross the street^[11]. We must look left and right before we cross the street^[12]. Waiting and watching keep us safe^[13].

3 Safety and emergency rules

Safety is very important^[14]. Following the emergency rules can help us stay safe^[15]. We must stay calm in an emergency and tell adults like our parents^[16]. Adults will help us stay safe^[17]. We can also call 122 in an emergency^[18].

A week is enough

مراجعة المنهج والتمكن
منه فى اسبوع واحد فقط

امنح ثقتك لمن يستحق



Test | on Unit 1

نصوص الاستماع
في نهاية الكتاب
التقييمات اليومية
والاسبوعية والشهرية
في نهاية الكتاب

1 Listen and write the missing letter.

استمع إلى معلمك واكتب.

1. _ _ uck | 2. _ _ ide | 3. _ _ ass | 4. _ _ one

2 Choose the correct answer from a, b or c.

اختر الإجابة الصحيحة.

- It's to run on the street.
a. healthy b. dangerous c. safe
- My father wears the in his car to stay safe.
a. seat belt b. cap c. helmet
- SB** Don't across the road.
a. runs b. run c. ran
- You touch the stove. It's hot.
a. aren't b. must c. mustn't
- My dad helped me the street.
a. nod b. cross c. wear
- AB** careful when you play.
a. Be b. Being c. To be

3 Read and complete with the words below.

اقرأ وأكمل بكلمات من المربع.

light - helmet - safely

Safety is very important. We should follow some rules to cross the street

[1] We must stop when the [2] turns red. We must wait for the green light before we cross.

4 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكون كلمة.



l u r e s



l m h e t e



r s t e t e

5 Read the text and answer the questions.

اقرأ النص واجب عن الأسئلة.

Omar was sad and worried because his cousin Ali got **hurt** last week. Omar and Ali went to the park last week. They played together. Ali rode his bike, but he didn't wear the helmet. Ali fell off his bike and got injured. Ali's dad called the ambulance. The ambulance took Ali to the hospital quickly.

A. Choose the correct answer from a, b or c.

- 1.** The underlined word "hurt" means ".....".
a. happy **b.** worried **c.** injured
- 2.** The main idea of the text is about "The importance of".
a. hospitals **b.** bikes **c.** safety rules

B. Answer the following questions.

- ### 3. Why was Omar worried ?

.....

4. What did the ambulance do ?

6 Reorder the words to make correct sentences. أعد ترتيب الكلمات لتكون جمل صحيحة.

1. **AB** the - book - leave - here - **Don't**.

2. outside - to - play - **They** - want.

.....

7 Punctuate the following.

ضع علامات الترقيم للآتي.

1. **AB** my name is lina.

2. **AB** hurry up

8 Write a paragraph of THREE [3] sentences using the words below.

اكتب فقرة إنشائية من (٣) جمل مستخدمًا الكلمات التالية.

مجاب عنه في نهاية الكتاب

Safety rules

Guiding words :

- first
- street
- helmet

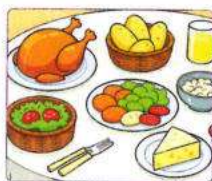
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Review

on Unit 2 | Food and Health

Vocabulary



food



meat



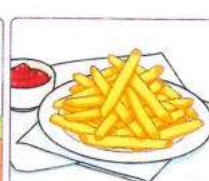
sugar



fruits



vegetables



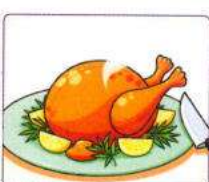
fries



cheese



nuts



chicken



clean



exercise



yogurt

Language in Use

Reflexive Pronouns

I	→	myself
He	→	himself
She	→	herself
It	→	itself

Countable and Uncountable

1 a / an

ex an apple - a carrot

2 some

ex some milk **ex** some pens

Phonics Focus

long /i:/ sound

ea



eat

ee



cheese



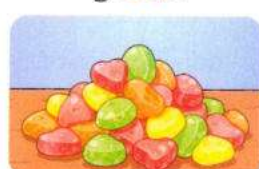
meat



green



beans



sweet

Important topics



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1 Food for energy

Food gives us energy to play, learn and grow^[1]. We must eat fruits and vegetables to stay healthy^[2]. They give us vitamins^[3]. Meat gives our body protein^[4]. Sugar gives us quick energy^[5]. Water is important to us^[6].

2 Healthy and unhealthy food

We must eat different kinds of food to stay healthy^[7]. Milk is good for our bones^[8]. Cheese is rich in calcium^[9]. Rice gives us energy^[10]. Bread is rich in carbohydrates^[11]. Nuts are a good source of fats^[12]. Chips, sweets, fries and cookies are unhealthy food^[13]. Soda has too much sugar^[14]. Sweets are bad for our teeth^[15].

3 Staying healthy

I exercise to keep my body healthy^[16]. I clean my room every day^[17]. I wash my hands before I eat^[18]. I rest when I feel tired^[19].

4 My healthy plan

I decided to eat healthy food^[20]. I eat yogurt with honey^[21]. I drink some soup when I am hungry^[22]. I eat a healthy snack in the afternoon^[23].

Test

نصوص الاستماع
في نهاية الكتاب

التقييمات اليومية
والاسبوعية والشهرية
في نهاية الكتاب

استمع الى معلمك وأكتب.

1 Listen and write the missing letter.

1. tr __ | 2. sw __ t | 3. m __ t

2 Choose the correct answer from a, b or c.

1. **AB** I my room every day.
a. clean b. wash c. stay
2. Sweets and have too much sugar.
a. chicken b. lollipops c. chips
3. I put honey in the yogurt.
a. an b. a c. some
4. The girls made chocolate cake by
a. yourselves b. themselves c. herself
5. He prepared breakfast by
a. himself b. herself c. itself
6. **AB** He a snack in the afternoon.
a. goes b. plays c. takes

3 Read and complete with the words below.

health - protein - vegetables

Food gives us energy to play, learn and grow. Meat gives our body [1].....
to make us strong. Fruits and [2]..... give us vitamins to keep us strong.
Sugar gives us quick energy, but too much sugar is bad for our health.

4 Look and rearrange the letters to make a word.

- 1.



r a u s g

- 2.



o k c o e i s

- 3.



o g r y u t

5 Read the text and answer the questions.

Maya likes to play every day, but she often forgets to wash her hands and eat healthy food. One day, she felt sick. Her friend Salma said, " You must **take**

care of yourself. Wash your hands, eat healthy food, rest and exercise." Maya listened to Salma. She washed herself carefully, ate eggs and fruit, drank water, and rested when she felt tired. She also exercised a little every day.

After a few days, Maya felt much better. She said, " I learned that I must take care of myself to stay healthy."

A. Choose the correct answer from a, b or c.

- The underlined phrase "take care of" means ".....".
 a. look after b. find out c. worry about
- Maya when she felt tired.
 a. walked b. rested c. exercised

B. Answer the following questions.

3. What is the text about ?

.....

4. How did Maya feel after taking care of herself ?

.....

6 Reorder the words to make correct sentences.

1. felt - and - happy - He - strong.

.....

2. bones - Milk - good - is - our - for.

.....

7 Punctuate the following.

1. eating unhealthy food is bad for you

.....

2. what do you eat for lunch

.....

8 Write a paragraph of THREE [3] sentences using the words below.

مجاب عنه فى نهاية الكتاب

Healthy food

Guiding words :

• milk

• bones

• calcium

.....

.....

.....



Review

on Unit 3 | Heroes Around Us

Vocabulary



hero



strong



brave



smart



kind



firefighter



uniform



teach



police officer



support



courage



honest



leader



flood



event



gold medal



clap



train



athlete



helpful

Language in Use

Adverbs of sequence

Use "**First**" and "**Then**" to show order.

First, Omar trained hard.

Then, he climbed mountains.

Phonics Focus

Magic "e"

kit → kite

mad → made

hop → hope

Important topics



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1 The brave firefighters

My father is a firefighter^[1]. He is brave^[2]. He puts on his helmet and uniform^[3]. When the fire alarm rang loudly, he jumped into the fire truck and drove quickly through the street^[4]. He sprayed water and saved people from smoke^[5].

2 A doctor's job

I'm a doctor^[6]. I wear a special uniform^[7]. I help people feel better^[8]. I check patients^[9]. I give patients the help they need^[10]. I rescue lives^[11]. I work with a team to make sure patients get the best care^[12]!

3 A helping hero

I helped many people^[13]. I always cared about others^[14]. I gave food and clothes to poor families^[15]. I helped build hospitals^[16]. I am not afraid to do what is right^[17]. Helping others can change lives and inspire kindness^[18].

4 A famous athlete

Feryal Ashraf is a famous Egyptian athlete^[19]. She worked hard every day to get ready for a big event^[20]. She trained, practiced, and never gave up^[21]. She won a gold medal for Egypt^[22]. Her school made a party to celebrate her^[23].

استمع إلى معلمك واكتب.

4. s _ l _

C. stranger

C. ladder

C. During

C. But

c. dislike

C. First

leader – medal – inspired

e s r u c e

Officer Asmaa is a policewoman in Cairo. One sunny morning, she saw a little child crying in the street. First, she spoke to him kindly, asking what was wrong.

The child could not find his parents. Officer Asmaa told him not to be afraid. Then, she carefully searched the street until she found his parents. They were very happy. Officer Asmaa is a brave policewoman who works hard to keep the city safe. We are grateful for her and all police officers who keep us safe every day.

A. Choose the correct answer from a, b or c.

- The opposite of the underlined word "safe" is ".....".
 a. happy b. dangerous c. big
- We are for all police officers who keep us safe.
 a. angry b. grateful c. worried

B. Answer the following questions.

3. What is the general idea of the text ?

.....

4. Why was the child crying ?

.....

6 Reorder the words to make correct sentences.

1. is - honest - brave - He - very - and.

.....

2. did - What - win - she ?

.....

7 Punctuate the following.

1. **AB** What is feryal Ashraf's job

.....

2. **AB** karim thinks the swimmer is kind

.....

8 Write a paragraph of THREE [3] sentences using the words below.

مجاب عنه في نهاية الكتاب

Helping others

Guiding words :

- change lives
- honor
- inspire kindness

.....

Review

on Units 1, 2 & 3

I

Vocabulary

Unit 1



emergency



hurt



dangerous



street



helmet



seat belt



ambulance



first aid



stop



stranger

Unit 2



food



fruits



vegetables



cheese



nuts



exercise



soup



medicine



yogurt



menu

Unit 3



hero



brave



firefighter



uniform



rescue



police officer



support



leader



athlete



gold medal

II

Phonics Focus

Unit 1

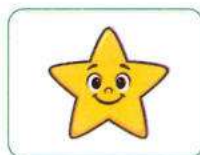


slide

/sl/



sleep



star

/st/



stop



green

/gr/



grass



tree

/tr/



train

Unit 2

ea → /i:/



eat



meat



beans

ee → /i:/



cheese



green



sweet

Unit 3

Magic (e)



kite



sale



brave



name

III Language in Use

Unit 1

Imperatives

Inf. مصدر الفعل + باقى الجملة

- **Be** careful.

Don't + inf. مصدر الفعل

- **Don't eat** fast food every day.

Modals for Rules

Subject + must / mustn't + inf. مصدر الفعل

- You **must follow** the rules to stay safe.
- You **mustn't run** in the street.

Unit 2

Reflexive Pronouns

- I do homework by **myself**.
- He dresses **himself**.
- The **cat** cleans **itself**.
- Take care of **yourselves**, girls.
- We built the tent **ourselves**.
- The **kids** made salad **themselves**.

Countable and uncountable nouns

Countable Nouns

an apple → two apples

a carrot → three carrots

Uncountable Nouns

- **some** rice
- **some** honey
- **some** juice
- **some** water

Unit 3

Adverbs of sequence

We use "**First**" and "**Then**" to show orders.

- **First**, I saw the fire. **Then**, I called for help.
- **First**, I did my homework. **Then**, I watched TV.

3. Monthly Assessments ٣. التقييمات الشهرية

February Month

شهر فبراير

• Choose the correct answer from a, b or c.

1. The kitchen was full of when the bread burned.
a. smoke b. air c. juice
2. You should always be proud of
a. himself b. yourself c. themselves
3. A doctor's is to help sick people.
a. job b. uniform c. sport
4. First, I finished my homework., I played outside.
a. Then b. Because c. Or
5. You should take your on time to get well.
a. book b. toy c. medicine
6. They eat rice for lunch.
a. a b. an c. some

March Month

شهر مارس

• Choose the correct answer from a, b or c.

1. A is a person who shows others what to do.
a. leader b. player c. footballer
2. She studied hard, she didn't get the highest mark.
a. but b. so c. them
3. I ride a bike by myself.
a. am b. did c. can
4. Birds have to help them fly.
a. claws b. fur c. feathers
5. We will to the park if it's sunny.
a. goes b. go c. going
6. I want to more about animals and their homes.
a. live b. survive c. discover

كيفية طباعة صفحات معينة من ملف معين مثلا ازاي نطبع الصفحات من صفحة 4 الى صفحة 9



حمل الآن

مجاناً وحصرياً

المراجعة رقم (2)

اختبار شهر مارس





Listening

1 Listen and write the missing letter(s):

6

1 --ide

2 --ep

3 --ee

4 b--ns



Reading

2 Choose the correct answer from a, b, or c:

3

1 Don't the cup. It's very hot.

a) touches

b) touch

c) touching

2 First, turn on the TV. watch the movie.

a) And

b) Then

c) But

3 A is a person who shows others what to do.

a) leader

b) player

c) footballer

4 Hossam helps his mother the room.

a) stop

b) write

c) clean

5 Jana exercises by

a) myself

b) himself

c) herself

6 You must wear a to protect your head.

a) coat

b) helmet

c) hat

3 Read and complete with the words below:

1

dangerous – safe – leave

I am Rana. We have some rules to stay safe at home. Always be careful when you play.

Don't (1)..... your toys on the floor. Put them in a box to keep the house (2)

for everyone. Not following the rules can be dangerous.

4 Look and rearrange the letters to make a word:

3

1



uhrt

.....

2



imlk

.....

3



tsrete

.....

5 Read the text and answer the questions:

5

I am Moaz. I take care of myself. I wash my hands. I eat healthy food. I like to eat fruits and vegetables. I drink water. I also exercise every day with my friends. I must take care of myself to stay healthy.

A Choose the correct answer from a, b, or c:

1

Moaz care of himself.

a) takes

b) gives

c) puts

2

Moaz eats food.

a) bad

b) healthy

c) unhealthy

B Answer the following questions:

3

What does Moaz like to eat?

.....

4

Who does Moaz exercise with every day?

.....



Writing

6 Reorder the words make correct sentences:

1

1

mustn't – in – You – street – run.

.....

2

made – a healthy – for – I – menu – today.

.....

7 Punctuate the following:

4

1 maya likes to play every day

.....

2 how do I know where to walk safely

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Taking care of your health"

healthy – wash – rest

.....

.....

.....



Listening

1 Listen and write the missing letter(s):

6

1 --ab

2 --ap

3 m--t

4 -leep



Reading

2 Choose the correct answer from a, b, or c:

3

1 Don't the toys on the floor.

a) leaving

b) leaves

c) leave

2 My mother told us to for the bus.

a) cross

b) walk

c) wait

3 We study for our exams.

a) must

b) mustn't

c) shouldn't

4 If there is a/ an you must call for help.

a) helmet

b) party

c) emergency

5 I put some in my yogurt.

a) snack

b) fish

c) honey

6 Ramy must his homework.

a) does

b) do

c) did

3 Read and complete with the words below:

1

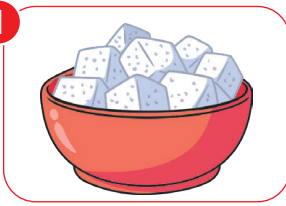
head – cross – street

When we go outside, we see many cars on the street. We should always look both ways before we cross the (1)..... . Always wear a helmet to protect your (2)..... . To know where to walk safely, you can follow the signs.

4 Look and rearrange the letters to make a word:

3

1



usgar

.....

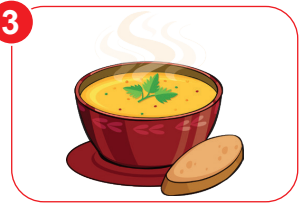
2



uceser

.....

3



ousp

.....

5 Read the text and answer the questions:

5

Food gives us energy to play, learn, and grow. Different foods give us different kinds of energy. Meat gives our body protein to make us strong. Fruits and vegetables give us vitamins to keep us healthy. They also help us fight sickness. Sugar gives us quick energy, but too much sugar is not good for our health. Water is very important because it helps our body work well.

A Choose the correct answer from a, b, or c:

- 1 Food gives us to play.
a) time b) money c) energy
- 2 gives our body protein.
a) Fruit b) Meat c) Rice

B Answer the following questions:

- 3 When is sugar unhealthy?
.....
- 4 Why is water very important?
.....



Writing

6 Reorder the words make correct sentences:

1

- 1 gives – energy – Food – us – to play.
.....
- 2 put – in – toys – I – my – the box.
.....

7 Punctuate the following:

4

1 lama saw smoke near the stove

.....

2 What should i do before I cross the street

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"A hero you know"

hero - brave - smart

.....

.....

.....



Listening

1 Listen and write the missing letter(s):

6

1 sw--t

2 --t

3 --and

4 gr--n



Reading

2 Choose the correct answer from a, b, or c:

3

1 You eat too much candy.

a) must

b) should

c) mustn't

2 Ahmed makes salad by

a) herself

b) himself

c) themselves

3 Children should not talk to

a) strangers

b) parents

c) teachers

4 The athlete won a gold

a) train

b) medal

c) respect

5 helps our brains grow.

a) Bread

b) Rice

c) Fish

6 We clean our room by

a) herself

b) themselves

c) ourselves

3 Read and complete with the words below:

1

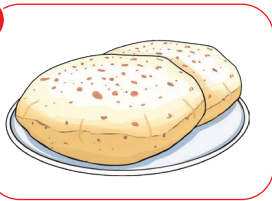
eats – rests – drinks

Salma wakes up early. She eats fruits and yogurt. She (1) water and does exercise in her room. At school, she eats lunch and drinks juice. At night, Salma (2) and sleeps early.

4 Look and rearrange the letters to make a word:

3

1



reab**d**

.....

2



as**w**h

.....

3



rut**f**is

.....

5 Read the text and answer the questions:

5

Ahmed was playing in his room. When he finished, he left his toy on the floor. His father said, "Don't leave the toy here. Someone may fall!" Ahmed listened to his father and put the toy back in the box. He followed the rules and was careful at home.

A Choose the correct answer from a, b, or c:

- 1 Ahmed was in his room.
a) reading b) cooking c) playing
- 2 Ahmed listened to his and put the toy in the box.
a) mother b) father c) brother

B Answer the following questions:

- 3 What did Ahmed leave on the floor?

.....

- 4 Who followed the rules?

.....



Writing

6 Reorder the words make correct sentences:

1

- 1 leader – good – helps – the team – A.

.....

- 2 gave – She – food – clothes – to – and – poor – the.

.....

7 Punctuate the following:

4

1 i went to the museum

.....

2 how do we have good energy every day

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Staying safe at home"

careful – stove – safety

.....

.....

.....



Listening

1 Listen and write the missing letter(s):

6

1 --op

2 ch--se

3 --ass

4 --uck



Reading

2 Choose the correct answer from a, b, or c:

3

1 the house safe for everyone.

a) Keeps

b) Keep

c) Keeping

2 She always about others.

a) drives

b) eats

c) cares

3 You be kind to your friends.

a) must

b) mustn't

c) shouldn't

4 is rich in carbohydrates.

a) Bread

b) Chicken

c) Fish

5 You wash your hands before eating.

a) must

b) mustn't

c) shouldn't

6 If you follow the rules, you will not get

a) hurt

b) fun

c) safe

3 Read and complete with the words below:

1

healthy – Wash – sick

Leen likes to play every day, but she often forgets to wash her hands and eat healthy food. One day, she felt (1)..... . Her friend Sara said, "You must take care of yourself. (2)..... your hands, eat healthy food, rest, and exercise.

4 Look and rearrange the letters to make a word:

3



awlk

.....



erciseex

.....



ifsh

.....

5 Read the text and answer the questions:

5

Sara and Aya like to eat healthy food. They eat fruits and vegetables every day. They drink water, not soda. In the morning, they exercise in the garden. For lunch, they eat chicken and rice. At night, they rest. Eating healthy food and taking care of their bodies makes Sara and Aya feel strong and happy.

A Choose the correct answer from a, b, or c:

- 1 Sara and Aya like to eat food.
a) healthy b) bad c) unhealthy
- 2 They don't drink
a) water b) soda c) milk

B Answer the following questions:

- 3 When do Sara and Aya exercise?

.....

- 4 What do they do at night?

.....



Writing

6 Reorder the words make correct sentences:

1

- 1 should – You – ways – look – both – crossing – before.

.....

- 2 gives – Sugar – energy – quick – us.

.....

7 Punctuate the following:

4

1 you must study for your exams

.....

2 what should I do before I cross the street

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Police officers"

helpful – uniform – protect

.....

.....

.....



Listening

1 Listen and write the missing letter(s):

6

1 sw--t

2 --one

3 s--

4 --ip



Reading

2 Choose the correct answer from a, b, or c:

3

1, open your book. Then, start reading.

a) Then

b) First

c) Second

2 is unhealthy and has too much fat and salt.

a) Fish

b) Pizza

c) Chicken

3 Be careful! You might on the ice.

a) trap

b) step

c) slip

4 We cook dinner by

a) itself

b) ourselves

c) themselves

5 You shout in the library.

a) must

b) should

c) mustn't

6 Always wear a helmet to your head.

a) hurt

b) protect

c) touch

3 Read and complete with the words below:

1

green – crossed – red

Lana stood at the corner of the street. She saw the big (1) stop sign. Her father said: "Stop! Wait for the green light before you cross." Lana looked left and right, then she (2)

4 Look and rearrange the letters to make a word:

3

1



gegs

.....

2



roscs

.....

3



ofosd

.....

5 Read the text and answer the questions:

5

Officer Asmaa is a policewoman in Cairo. One Sunny morning, she was walking on her way to work when she saw a little child crying in the street. First, she stopped right away and spoke to him kindly, asking what was wrong. The child was lost and could not find his parents. Officer Asmaa held his hand, and told him not to be afraid. Then, she carefully searched the street until she found his parents. They were very happy.

A Choose the correct answer from a, b, or c:

- 1 Officer Asmaa held the child's hand, and told him not to be
a) afraid b) happy c) careful
- 2 One sunny, she was walking on her way to work.
a) afternoon b) morning c) evening

B Answer the following questions:

- 3 What was she doing when she saw a little child crying?

.....

- 4 How did she speak to the child?

.....



Writing

6 Reorder the words make correct sentences:

1

- 1 careful – followed – was – He – the rules – and.

.....

- 2 toys – Leaving – on – is – dangerous – the – floor.

.....

7 Punctuate the following:

4

1 mariam loved eating fruits

.....

2 what does the policeman do

.....

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Healthy and unhealthy foods"

energy – fish – chips

.....

.....

.....



Listening

1 Listen and write the missing letter(s):

6

1 slide

2 step

3 tree

4 beans



Reading

2 Choose the correct answer from a, b, or c:

3

1 Don't the cup. It's very hot.

a) touches

b) touch

c) touching

2 First, turn on the TV. watch the movie.

a) And

b) Then

c) But

3 A is a person who shows others what to do.

a) leader

b) player

c) footballer

4 Hossam helps his mother the room.

a) stop

b) write

c) clean

5 Jana exercises by

a) myself

b) himself

c) herself

6 You must wear a to protect your head.

a) coat

b) helmet

c) hat

3 Read and complete with the words below:

1

dangerous – safe – leave

I am Rana. We have some rules to stay safe at home. Always be careful when you play.

Don't ⁽¹⁾leave your toys on the floor. Put them in a box to keep the house ⁽²⁾safe for everyone.

Not following the rules can be dangerous.

4 Look and rearrange the letters to make a word:

3

1



uhrt
hurt

2



imlk
milk

3



tsrete
street

5 Read the text and answer the questions:

5

I am Moaz. I take care of myself. I wash my hands. I eat healthy food. I like to eat fruits and vegetables. I drink water. I also exercise every day with my friends. I must take care of myself to stay healthy.

A Choose the correct answer from a, b, or c:

- 1 Moaz care of himself.
a) takes b) gives c) puts
- 2 Moaz eats food.
a) bad b) healthy c) unhealthy

B Answer the following questions:

- 3 What does Moaz like to eat?
- He likes to eat fruits and vegetables.
- 4 Who does Moaz exercise with every day?
- He exercises every day with his friends.



Writing

6 Reorder the words make correct sentences:

1

- 1 mustn't – in – You – street – run.
- You mustn't run in the street.
- 2 made – a healthy – for – I – menu – today.
- I made a healthy menu for today.

7 Punctuate the following:

4

1 maya likes to play every day

Maya likes to play every day.

2 how do I know where to walk safely

How do I know where to walk safely?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Taking care of your health"

healthy – wash – rest

I eat **healthy** food. I **wash** my hands before eating. I **rest** to keep my body healthy.



Listening

1 Listen and write the missing letter(s):

6

1 grab

2 trap

3 meat

4 sleep



Reading

2 Choose the correct answer from a, b, or c:

3

1 Don't the toys on the floor.

a) leaving

b) leaves

c) leave

2 My mother told us to for the bus.

a) cross

b) walk

c) wait

3 We study for our exams.

a) must

b) mustn't

c) shouldn't

4 If there is a/ an you must call for help.

a) helmet

b) party

c) emergency

5 I put some in my yogurt.

a) snack

b) fish

c) honey

6 Ramy must his homework.

a) does

b) do

c) did

3 Read and complete with the words below:

1

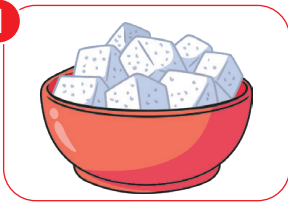
head – cross – street

When we go outside, we see many cars on the street. We should always look both ways before we cross the ⁽¹⁾street. Always wear a helmet to protect your ⁽²⁾head. To know where to walk safely, you can follow the signs.

4 Look and rearrange the letters to make a word:

3

1



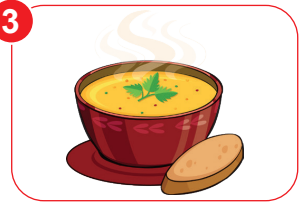
usgar
sugar

2



uceser
rescue

3



ousp
soup

5 Read the text and answer the questions:

5

Food gives us energy to play, learn, and grow. Different foods give us different kinds of energy. Meat gives our body protein to make us strong. Fruits and vegetables give us vitamins to keep us healthy. They also help us fight sickness. Sugar gives us quick energy, but too much sugar is not good for our health. Water is very important because it helps our body work well.

A Choose the correct answer from a, b, or c:

- 1 Food gives us to play.
a) time b) money c) **energy**
- 2 gives our body protein.
a) Fruit b) **Meat** c) Rice

B Answer the following questions:

- 3 When is sugar unhealthy?
- **Too much sugar is unhealthy.**
- 4 Why is water very important?
- **Because it helps our body work well.**



Writing

6 Reorder the words make correct sentences:

1

- 1 gives – energy – **Food** – us – to play.
- **Food gives us energy to play.**
- 2 put – in – toys – **I** – my – the box.
- **I put my toys in the box.**

7 Punctuate the following:

4

- 1** lama saw smoke near the stove
Lama saw smoke near the stove.
- 2** What should i do before I cross the street
What should I do before I cross the street?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"A hero you know"

hero - brave - smart

My grandfather is my **hero**. He is very **brave** and honest. He is very kind and **smart**.



Listening

1 Listen and write the missing letter(s):

6

1 sweet

2 eat

3 stand

4 green



Reading

2 Choose the correct answer from a, b, or c:

3

1 You eat too much candy.

a) must

b) should

c) **mustn't**

2 Ahmed makes salad by

a) herself

b) **himself**

c) themselves

3 Children should not talk to

a) **strangers**

b) parents

c) teachers

4 The athlete won a gold

a) train

b) **medal**

c) respect

5 helps our brains grow.

a) Bread

b) Rice

c) **Fish**

6 We clean our room by

a) herself

b) themselves

c) ourselves

3 Read and complete with the words below:

1

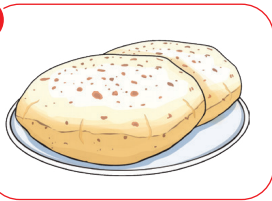
eats – rests – drinks

Salma wakes up early. She eats fruits and yogurt. She ⁽¹⁾ **drinks** water and does exercise in her room. At school, she eats lunch and drinks juice. At night, Salma ⁽²⁾ **rests** and sleeps early.

4 Look and rearrange the letters to make a word:

3

1



reab**d**
bread

2



as**w**h
wash

3



rut**f**is
fruits

5 Read the text and answer the questions:

5

Ahmed was playing in his room. When he finished, he left his toy on the floor. His father said, "Don't leave the toy here. Someone may fall!" Ahmed listened to his father and put the toy back in the box. He followed the rules and was careful at home.

A Choose the correct answer from a, b, or c:

- 1 Ahmed was in his room .
a) reading b) cooking c) **playing**
- 2 Ahmed listened to his and put the toy in the box.
a) mother b) **father** c) brother

B Answer the following questions:

- 3 What did Ahmed leave on the floor?
- He left his toy on the floor.
- 4 Who followed the rules?
- Ahmed followed the rules.



Writing

6 Reorder the words make correct sentences:

1

- 1 leader – good – helps – the team – A.
- A good leader helps the team.
- 2 gave – She – food – clothes – to – and – poor – the.
- She gave food and clothes to the poor.

7 Punctuate the following:

4

- 1 i went to the museum
I went to the museum.
- 2 how do we have good energy every day
How do we have good energy every day?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Staying safe at home"

careful – stove – safety

You must be **careful** at home. Don't touch the **stove**. Follow the **safety** rules.



Listening

1 Listen and write the missing letter(s):

6

1 stop

2 cheese

3 grass

4 truck



Reading

2 Choose the correct answer from a, b, or c:

3

1 the house safe for everyone.

a) Keeps

b) **Keep**

c) Keeping

2 She always about others.

a) drives

b) eats

c) **cares**

3 You be kind to your friends.

a) **must**

b) mustn't

c) shouldn't

4 is rich in carbohydrates.

a) **Bread**

b) Chicken

c) Fish

5 You wash your hands before eating.

a) **must**

b) mustn't

c) shouldn't

6 If you follow the rules, you will not get

a) **hurt**

b) fun

c) safe

3 Read and complete with the words below:

1

healthy – Wash – sick

Leen likes to play every day, but she often forgets to wash her hands and eat healthy food. One day, she felt ⁽¹⁾sick. Her friend Sara said, "You must take care of yourself. ⁽²⁾Wash your hands, eat healthy food, rest, and exercise.

4 Look and rearrange the letters to make a word:

3

1



awlk

walk

2



erciseex

exercise

3



ifsh

fish

5 Read the text and answer the questions:

5

Sara and Aya like to eat healthy food. They eat fruits and vegetables every day. They drink water, not soda. In the morning, they exercise in the garden. For lunch, they eat chicken and rice. At night, they rest. Eating healthy food and taking care of their bodies makes Sara and Aya feel strong and happy.

A Choose the correct answer from a, b, or c:

- 1 Sara and Aya like to eat food.
a) healthy b) bad c) unhealthy
- 2 They don't drink
a) water b) soda c) milk

B Answer the following questions:

- 3 When do Sara and Aya exercise?
- They exercise in the morning.
- 4 What do they do at night?
- At night, they rest.



Writing

6 Reorder the words make correct sentences:

1

- 1 should – You – ways – look – both – crossing – before.
- You should look both ways before crossing.
- 2 gives – Sugar – energy – quick – us.
- Sugar gives us quick energy.

7 Punctuate the following:

4

- 1** you must study for your exams
You must study for your exams.
- 2** what should I do before I cross the street
What should I do before I cross the street?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Police officers"

helpful – uniform – protect

Police officers are **helpful**. They wear a **uniform**. They work hard to **protect** people and keep the city safe.



Listening

1 Listen and write the missing letter(s):

6

1 sweet

2 stone

3 see

4 trip



Reading

2 Choose the correct answer from a, b, or c:

3

1 open your book. Then, start reading.

a) Then

b) First

c) Second

2 is unhealthy and has too much fat and salt.

a) Fish

b) Pizza

c) Chicken

3 Be careful! You might on the ice.

a) trap

b) step

c) slip

4 We cook dinner by

a) itself

b) ourselves

c) themselves

5 You shout in the library.

a) must

b) should

c) mustn't

6 Always wear a helmet to your head.

a) hurt

b) protect

c) touch

3 Read and complete with the words below:

1

green – crossed – red

Lana stood at the corner of the street. She saw the big ⁽¹⁾ red stop sign. Her father said: "Stop! Wait for the green light before you cross." Lana looked left and right, then she ⁽²⁾ crossed.

4 Look and rearrange the letters to make a word:

3

1



gegs

eggs

2



roscs

cross

3



ofosd

foods

5 Read the text and answer the questions:

5

Officer Asmaa is a policewoman in Cairo. One Sunny morning, she was walking on her way to work when she saw a little child crying in the street. First, she stopped right away and spoke to him kindly, asking what was wrong. The child was lost and could not find his parents. Officer Asmaa held his hand, and told him not to be afraid. Then, she carefully searched the street until she found his parents. They were very happy.

A Choose the correct answer from a, b, or c:

- 1 Officer Asmaa held the child's hand, and told him not to be
a) afraid b) happy c) careful
- 2 One sunny, she was walking on her way to work.
a) afternoon b) morning c) evening

B Answer the following questions:

- 3 What was she doing when she saw a little child crying?
- She was walking on her way to work.
- 4 How did she speak to the child?
- She spoke to him kindly.



Writing

6 Reorder the words make correct sentences:

1

- 1 careful – followed – was – He – the rules – and.
- He was careful and followed the rule.
- 2 toys – Leaving – on – is – dangerous – the – floor.
- Leaving toys on the floor is dangerous.

7 Punctuate the following:

4

1 mariam loved eating fruits

Mariam loved eating fruits.

2 what does the policeman do

What does the policeman do?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

"Healthy and unhealthy foods"

energy – fish – chips

Eating healthy food gives me **energy**. Eating **fish** helps my brain grow.

Eating too many **chips** is unhealthy.

Unit 1 Review

يهدف هذا الجزء إلى
تمكين الطالب من
مراجعة أهم الأجزاء
التي وردت في الوحدة.

Lesson (1)

dangerous	خطير	rules	قواعد	emergency	طوارئ
careful	حريص	hurt	يؤلم - يؤذي	safe	آمن

Lesson (2)

street	شارع	cross	يعبر الطريق	stop	يتوقف
wait	ينتظر	walk	يمشى	helmet	خوذة
signs	إشارات / لافتات	stranger	غريب	protect	يحمي

Lesson (3)

policeman	ضابط الشرطة	seat belt	حزام الأمان	ambulance	سيارة إسعاف
first aid	الإسعافات الأولية	smoke	دخان	stove	الموقد

Lesson (4)

safety comes first	السلامة تأتي أولاً	call for help	يطلب المساعدة	safety guide	دليل السلامة
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Phonics Focus

s + l "sl"
/sl/

slide	زلاجة (زحليقة)
slow	بطيء
slip	ينزلق
sleep	ينام

s + t "st"
/st/

star	نجمة
stop	يتوقف
step	خطوة
stone	حجر (صخرة صغيرة)
stand	يقف

g + r "gr"
/gr/

green	أخضر
grow	ينمو
grass	حشائش
grab	ينتزع

t + r "tr"
/tr/

tree	شجرة
train	قطار
trip	رحلة
truck	شاحنة
trap	فخ

Language in Use:

Imperatives

صيغ الأمر

Positive instructions

تعليمات إيجابية

مصدر الفعل (inf.)

e.g.



Stop! توقف!

Negative instructions

تعليمات سلبية

Don't + (inf.) مصدر الفعل

e.g.



Don't run! لا تجرى!

Modals for Rules

"must"

Use "must" to say something is very important or necessary.

للتحدث عن شيء هام جدًا أو ضروري (واجب علينا فعله).

... الفعل في المصدر (inf.) must +

e.g.



You must wear a helmet when riding a bike.

يجب أن ترتدي خوذة عندما تركب دراجتك.

"mustn't"

Use "mustn't" to say something is not allowed.

للتحدث عن شيء غير مسموح (لا يجب علينا فعله).

... الفعل في المصدر (inf.) mustn't +

e.g.



You mustn't run in the street.

يجب ألا تجرى في الشارع.



Student's Book Corner

تدريبات إضافية مأخوذة من كتاب الوزارة.

1 Match the action to the correct person/object: — صل الفعل بالشخص/الشيء الصحيح:

Action	Person/ Object
1 Takes sick people to the hospital	seat belt
2 Keeps us safe	ambulance
3 Protects us in the car	policeman
4 Helps the injured	first aid

2 Fill in the blanks using words from the box: — املاً الفراغات باستخدام الكلمات المساعدة:

(mustn't – must – emergency – Stop – follow – helmet)

- 1 You wear a when riding a bike.
- 2 You talk to strangers.
- 3 Sally said, "..... and wait for the green light."
- 4 If there is an, you must call for help.
- 5 To stay safe, you must the rules.

3 Reorder the words to make a sentence: — أعد ترتيب الكلمات لتكوين جملة:

- 1 wear – must – helmet – You – a.
- 2 call – help – must – for – You.
- 3 mustn't – run – You – near – street – the.
- 4 wait – must – light – for – You – green – the.
- 5 mustn't – talk – to – strangers – You.



Test yourself

30

Listening

1



Listen and write the missing letter(s):

استمع واكتب الحرف الناقص:

6

للإجابة راجع نص الاستماع آخر الكتاب.

① --ow

② --op

③ --ap

④ --ab

Reading

2

Choose the correct answer from a, b, or c:

اختر الإجابة الصحيحة:

3

① You eat too much candy.

a) must

b) mustn't

c) can

② Always wear a helmet to your head.

a) protect

b) touch

c) move

③ It is to talk to strangers.

a) safe

b) easy

c) dangerous

④ You wear the seat belt in a car.

a) can't

b) must

c) mustn't

⑤ My mom gave me when I hurt my finger.

a) first aid

b) sign

c) homework

⑥ You run in the street.

a) can

b) must

c) mustn't

③ Read and complete with the words below:

اقرأ وأكمل باستخدام الكلمات الآتية:

1

(wait – careful – helmet)

I'm Ahmed. I always wear a helmet when riding my bike. I am very
(1) on the street. I (2) for the green light. I never talk
to a stranger.

④ Look and rearrange the letters to make a word:

انظر وأعد ترتيب الحروف لتكوّن كلمة:

3

①



urht

②



tsrrenga

③



fsea

5 Read the text and answer the questions: اقرأ النص وأجب عن الأسئلة:

It is important to stay safe on the street. Always stop at the red sign and look both ways before you cross. Not following the rules can be very dangerous. Following the safety rules helps everyone stay safe.

A Choose the correct answer from a, b, or c:

- 1** Always at the red sign.
a) run b) stop c) walk
- 2** Not following the rules can be very
a) safe b) easy c) dangerous

B Answer the following questions:

- ③ What should you do before you cross the road?
- ④ Why should we follow the rules?

Writing

6 Reorder the words to make correct sentences: أعد ترتيب الكلمات لتكون جملاً صحيحة: 1

- ① us – safe – The policeman – keeps.
- ② aid – injured – help – can – First – people.

7 Punctuate the following: _____ **ضع علامات الترقيم للآتي:** **4**

- ① don't talk to strangers
- ② who can you call for help

8 Write a paragraph of THREE sentences (15 words) using words below:

اكتب فقرة من ثلاث جمل (15 كلمة) باستخدام الكلمات الآتية:

مجاہد عنہ آخر الكتاب.

“Safety guide”

(helmet – call – seat belt)

Unit 2 Review

يهدف هذا الجزء إلى
تمكين الطالب من
مراجعة أهم الأجزاء
التي وردت في الوحدة.

Lesson (1)

food	طعام	meat	لحم	sugar	سكر
fruits	فاكهة	water	ماء	vegetables	خضراوات

Lesson (2)

milk	لبن	cheese	جبنة	rice	أرز
nuts	مكسرات	eggs	بيض	bread	خبز
chicken	دجاج	fish	سمك	sweets	حلوى
soda	صودا	chips	بطاطس شيبسي	fries	بطاطس محمرة
cookies	بسكويت (الكوكيز)	cake	تورتة (كيك)	pizza	بيتزا
lollipops	مصاصات				

Lesson (3)

exercise	يتدرب	wash	يغسل	clean	ينظف
stay	يبقى	sick	مريض	rest	يستريح
medicine	دواء	take care	يعتنى	forget	ينسى
carefully	بحرص				

Lesson (4)

yogurt	زبادي	honey	عسل	soup	حساء (شوربة)
hungry	جائع	breakfast	وجبة الإفطار	lunch	وجبة الغداء
dinner	وجبة العشاء	meal	وجبة	snack	وجبة خفيفة
menu	قائمة طعام	stomachache	ألم بالمعدة	advice	نصيحة

Phonics Focus

ea /i:/

eat يأكل	meat لحمة	beans فول
-------------	--------------	--------------

ee /i:/

see يرى	cheese جبنة	green أخضر	sweet حلو
------------	----------------	---------------	--------------

Language in Use

Reflexive Pronouns:

Pronouns الضمائر	Reflexive Pronouns الضمائر المنعكسة	Example
I أنا	myself	I can make a sandwich by myself .
You أنت/أنتما	yourself yourselves	You can wash yourself . Take care of yourselves , girls.
He هو (مفرد مذكر)	himself	He dresses himself .
She هي (مفرد مؤنث)	herself	She looks at herself in the mirror.
It هو/هي لغير العاقل	itself	The cat cleans itself .
We نحن	ourselves	We built the tent ourselves .
They هم	themselves	The kids made salad themselves .

Countable and Uncountable nouns:

Countable nouns

We can count them (one, two, three, ...).

e.g. tomato, carrot, potato, sandwich

Uncountable nouns

We cannot count them individually.

e.g. milk, rice, pasta, soup, honey,
water



Student's Book Corner

تدريبات إضافية مأخوذة من كتاب الوزارة. 📌

1 Circle the odd one out: _____ ضع دائرة حول الكلمة المختلفة:

- 1 milk – eggs – candy – nuts
- 2 pizza – meat – fish – chicken
- 3 soda – cookies – cake – fish
- 4 chips – candy – nuts – soda
- 5 chicken – fish – lollipops – eggs

2 Choose the correct reflexive pronoun: _____ اختر الضمير المنعكس الصحيح:

- 1 I made this cake all by (himself – myself).
- 2 She taught (himself – herself) to play the guitar.
- 3 We enjoyed (themselves – ourselves) at the party.
- 4 You should take care of (yourself – itself).
- 5 The children can dress (themselves – ourselves).

3 Complete the sentences with the correct word: _____ أكمل الجمل باستخدام الكلمة الصحيحة:

(exercise – wash – clean – sick – rest – medicine)

- 1 I my hands before I eat.
- 2 I every morning to stay strong.
- 3 I stay in bed when I am
- 4 I my room every day.
- 5 I need to when I feel tired.
- 6 I take when I am sick.



Test Yourself

30

Listening



1 Listen and write the missing letter(s): — استمع واكتب الحرف الناقص:

6

للإجابة راجع نص الاستماع آخر الكتاب.

1 sw—t

2 gr—n

3 —t

4 ch—se

Reading

2 Choose the correct answer from a, b, or c: — اختر الإجابة الصحيحة:

3

- 1 The children cleaned the classroom by
 a) ourselves b) yourself c) themselves
- 2 I drink milk and eat eggs for
 a) lunch b) breakfast c) snack
- 3 We must our hands before we eat.
 a) wash b) stay c) rest
- 4 Mariam cleaned her room all by
 a) myself b) himself c) herself
- 5 I need honey for the yougurt.
 a) a b) an c) some
- 6 has too much fat and salt.
 a) Pizza b) Milk c) Apples

3 Read and complete with the words below: — اقرأ وأكمل باستخدام الكلمات الآتية:

1

(exercise – water – rests)

Amira wakes up early. She eats fruits and yogurt. She drinks water and does ⁽¹⁾ in the garden. At school, she eats lunch and drinks juice. At night, Amira ⁽²⁾ and sleeps early.

4 Look and rearrange the letters to make a word: — انظر وأعد ترتيب الحروف لتكوّن كلمة:

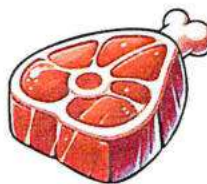
3

1



ousp

2



emat

3



usgar

5 Read the text and answer the questions: ————— اقرأ النص وأجب عن الأسئلة: 5

I am Sama. I usually eat eggs and drink a glass of milk. I like healthy food. Fruits, vegetables, milk, bread, rice, chicken, and fish are all healthy. Chips, sweets, pizza, and soda are unhealthy. Healthy food makes us strong and happy, but unhealthy food makes us weak.

A Choose the correct answer from a, b, or c:

- 1 Fruits and vegetables are food.
a) healthy b) unhealthy c) bad
- 2 Unhealthy food makes us
a) week b) weak c) happy

B Answer the following questions:

- 3 Which food does Sama like?
- 4 Why is it important to eat healthy food?

Writing

6 Reorder the words to make correct sentences: ————— أعد ترتيب الكلمات لتكون جملاً صحيحة: 1

- 1 brains – grow – Fish – our – helps.
.....
- 2 rice – chicken – We – for dinner – and – eat.
.....

7 Punctuate the following: ————— ضع علامات الترقيم للآتي: 4

- 1 why is it important to eat healthy food
- 2 pizza is my favorite meal

8 Write a paragraph of THREE sentences (15 words) using the words below: 7
اكتب فقرة من ثلاث جمل (15 كلمة) باستخدام الكلمات الآتية:

مجاب عنه آخر الكتاب. 

"A healthy meal"

(menu – healthy – chicken)

Unit 3 Review

يهدف هذا الجزء إلى
تمكين الطالب من
مراجعة أهم الأجزاء
التي وردت في الوحدة.

Lesson (1)

hero	بطل brave	strong شجاع	قوى
kind	عطوف smart	firefighter ذكي	رجل إطفاء

Lesson (2)

helpful	متعاون/مفيد rescue	uniform ينقذ	زى مُوحد
teach	يدرس/ يُعلِّم way	right away طريق	على الفور
lost	تائه afraid	grateful خائف	ممتن

Lesson (3)

support	يدعم inspire	leader يُلهم/ يُحفِّز	قائد
courage	شجاعة lie	honest يكذب	أمين
flood	فيضان village	hospital قرية	مستشفى

Lesson (4)

athlete	شخص رياضي event	medal حدث	ميدالية
respect	يحترم famous	مشهور	

Phonics Focus

Magic "e"

make يصنع

brave شجاع

name اسم

kite طائرة ورقية

hope أمل/ يأمل

vase زهرية

sale تخفيض

Language in Use

Adverbs of Sequence ظروف التسلسل

Use "First" and "Then" to show order:

استخدم "أولاً" و"ثم" لإظهار الترتيب:

First – What happens at the beginning.

Then – What happens next.

e.g. First, Omar trained hard.

e.g. Then, he climbed mountains.



Student's Book Corner

تدريبات إضافية مأخوذة من كتاب الوزارة.

1 Choose the correct word: _____ اختر الكلمة الصحيحة:

- 1 A doctor's (rescue/ job) is to help sick people.
- 2 The pilot wears a (uniform/ helmet) when flying a plane.
- 3 The firefighter (rescues/ wears) a girl from the fire.
- 4 My sister is (helpful/ brave) because she helps her friends.

2 Reorder the words to form a sentence: _____ أعد ترتيب الكلمات لتكوين جملة:

- 1 medal / gold / won / a / Ahmed.

- 2 athlete / trains / The / every day.

- 3 respect / our / parents / We / should.

- 4 Monday / is / event / The / on.

3 Fill in the blanks using words from the box:

املأ الفراغات باستخدام الكلمات الموجودة في المربع:

(rescue – uniform – teaches – helpful)

- 1 The firefighter will the people from the fire.
- 2 The nurse is very
- 3 The police officer wears a
- 4 My dad science.



Test yourself

30

Listening

1



Listen and write the missing letter(s): — استمع واكتب الحرف الناقص:

6

للإجابة راجع نص الاستماع آخر الكتاب.

1 s_l_

2 v_se_

3 m_k_

4 n_m_

Reading

2

Choose the correct answer from a, b, or c: — اختر الإجابة الصحيحة:

3

1 Malek is and never lies.

a) honest

b) support

c) bad

2 First, I wash my hands, I eat my food.

a) the

b) then

c) than

3 My friends always me when I feel sad.

a) climb

b) support

c) swim

4 I wear a school every day.

a) book

b) pencil

c) uniform

5 The firefighter the cat from the tree.

a) rescues

b) sleeps

c) closes

6 First, we cleaned the room., we decorated it with balloons.

a) Then

b) but

c) than

3 Read and complete with the words below: — اقرأ وأكمل باستخدام الكلمات الآتية:

1

(hero – safe – protects)

A police officer is a hero. He is really brave. He wears a uniform. He helps people and ⁽¹⁾ them from danger. Police officers keep us ⁽²⁾ every day.

4

Look and rearrange the letters to make a word: — انظر وأعد ترتيب الحروف لتكوّن كلمة:

3

1



eacht

2



msart

3



tsrong

5 Read the text and answer the questions: اقرأ النص وأجب عن الأسئلة:

5

Heroes are not only in stories. We see heroes around us every day. Police officers, firefighters, and doctors are heroes because they help people. Teachers and parents are also heroes because they care for us. A hero is anyone who is kind, brave, and helpful.

A Choose the correct answer from a, b, or c:

- 1 Heroes are not only in
a) foods b) stories c) houses
- 2 We see heroes around us every
a) day b) week c) year

B Answer the following questions:

- 3 What do teachers and parents do for us?
- 4 Who is a hero?

Writing

6 Reorder the words to make correct sentences: أعد ترتيب الكلمات لتكوّن جملاً صحيحة:

1

- 1 you – rescue – lives – Do?

- 2 very – is – Helping – important – others.

7 Punctuate the following: ضع علامات الترقيم للآتي:

4

- 1 the firefighter is a real hero

- 2 what did she win for egypt?

8 Write a paragraph of THREE sentences (15 words) using the words below:

7

اكتب فقرة من ثلاث جمل (15 كلمة) باستخدام الكلمات الآتية:

مجاب عنه آخر الكتاب

"Doctors"

(patients – uniform – help)

حمل الآن

مجاناً وحصرياً

المراجعة رقم (3)

اختبار شهر مارس



Test 1

1 Choose the correct answer from a, b, or c.

- [illegible]

2 Look and rearrange the letters to make a word.



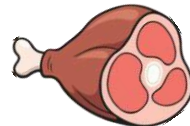
eflucar

.....



m h e t l e

.....



t e a m

.....

3 Read and complete with the words below.

(energy - fries - eggs - strong - train)

Healthy food helps us grow and stay (1) Fruits, vegetables, milk, fish, and (2) are healthy foods. Unhealthy food like (3), soda, cake, and sweets isn't good for our bodies. Eat healthy food to have (4) for the day.

Test 4

1 Choose the correct answer from a, b, or c.

- To stay safe, you must the rules.
a) follows b) following c) follow
- helps injured people.
a) First aid b) Teacher c) Policeman
- You must wear a in the car to stay safe.
a) child b) seat belt c) helmet
- Milk is good for our
a) bones b) fats c) snacks
- Cookies aren't snacks.
a) bad b) healthy c) lazy
- I stay in bed when I am
a) happy b) play c) sick

2 Look and rearrange the letters to make a word.

1.



a c r t o r

.....

2.



l i m k

.....

3.



t o s e v

.....

3 Read and complete with the words below.

(Meat - vegetables - Water - fats - play)

We eat food to get energy. Healthy food helps us learn and

(1) Fruits and (2) give us vitamins.

(3) gives us protein. (4) keeps us healthy.

Too much sugar is bad for our body.

General Test on unit 1

1 Listen and write the missing letter.

والاستماع في نهاية الكتاب

1. s _ ar

2. _ row

3. _ tep

4. g _ een

2 Choose the correct answer from a, b, or c.

1. The seat belt us in the car.

a) protects

b) hurts

c) eats

2. I feel sick so my dad calls the to take me to the hospital.

a) ambulance

b) car

c) bike

3. We touch the knife.

a) must

b) mustn't

c) aren't

4. They must quiet in the hospital.

a) is

b) be

c) being

5., safety comes first.

a) Remembers

b) Remembered

c) Remember

6. Don't on the street.

a) run

b) runs

c) ran

Unit 1

3 Read and complete with the words below.

(green – right – cross)

My dad tells me some rules to cross the road safely. My father said, "Stop! Wait for the (1)..... light before you cross." I must look left and (2)..... before I cross the street. We must follow safety rules. Waiting and watching keep us safe.

4 Look and rearrange the letters to make a word.

انظر و رتب.

1.



e m h l t e

2.



a b g r

3.



c r a f u e l

5 Read the text and answer the questions.

Hassan was walking home from school. He came to a busy street. He wanted to cross quickly because his friend was waiting. He started to run across the road. A traffic officer called out, "Wait! Look both ways! You must wait for the cars." Hassan stopped right away. He looked left, then right, then left again. When the street was safe, he walked quickly across the road. He was happy. He followed the simple rule.

A Choose the correct answer.

1- Hassan was walking home from

a) school

b) home

c) museum

2- You wait for cars.

a) must

b) is

c) mustn't

B Answer the following questions.

3- Why did Hassan want to cross quickly?

4- What did the traffic officer do?

6 Reorder the words to make correct sentences.

1. He - puts - books - back - the .

2. was - There - smoke - the - in - kitchen .

7 Punctuate the following.

Did lina stay safe

turn off the stove

8 Write a paragraph of THREE (3) sentences using the words below:

"How to stay safe".

(adult - emergency - help)

General Test on unit 2

1 Listen and write the missing letter.

الاستماع من نهاية الكتاب

1. s _ up

2. sw _ ets

3. f _ t

4. m _ at

2 Choose the correct answer from a, b, or c.

1. I made a healthy for today.

a) menu

b) sugar

c) book

2. My mom puts milk in the tea.

a) an

b) a

c) some

3. Soha cleans the room by

a) itself

b) himself

c) herself

4. Fries are cooked in

a) water

b) oil

c) tea

5. My father eats egg for breakfast.

a) a

b) an

c) some

6. The cats can clean

a) itself

b) ourselves

c) themselves

3 Read and complete with the words below.

(strong - energy - glass)

I'm Hassan. I like eating healthy breakfast. I usually eat eggs and drink a (1) of milk. They give me energy. I love eating healthy food to keep my body (2) and healthy.

4 Look and rearrange the letters to make a word.



w s e t e s



n e h o y



s p t a a

5 Read the text and answer the questions.

Food gives us energy to run, play, and learn. Protein helps our bodies grow big and strong. We find it in meat, fish, and eggs. Fruits and vegetables are good because they have vitamins that help us fight sickness. Water is very important. It keeps us healthy, so drink lots of it! Try to eat a little sugar because it does not help your body work well.

A Choose the correct answer.

1. helps our bodies grow big.
 - a) Protein
 - b) Sweet
 - c) Candy
2. Fruits and are good.
 - a) sweets
 - b) chips
 - c) vegetables

B Answer the following questions.

3. Where can we find protein?

Unit 2

4. Why are fruits and vegetables good?

6 Reorder the words to make correct sentences.

1. do - you - eat - What - dinner - for ?

2. wakes - up - Leila - dresses - and - herself .

7 Punctuate the following.

cheese is rich in calcium

How can i stay healthy

8 Write a paragraph of THREE (3) sentences using the words below:

"Staying healthy".

(vitamins - energy - snack)

General Test on unit 3

1 Listen and write the missing letter.

الاستماع في نهاية الكتاب

1. _ rave

2. k _ te

3. m _ de

4. her _

2 Choose the correct answer from a, b, or c.

1. He is He shows courage in hard times.

a) smart

b) brave

c) strong

2. The police officer wears a

a) bag

b) book

c) uniform

3. The 's job is to help people feel better.

a) doctor

b) teacher

c) police officer

4. Mohamed is and never lies.

a) courage

b) lazy

c) honest

5. First, he ate his meal, he slept.

a) that

b) then

c) than

6. My father a hero.

a) is

b) are

c) am

3 Read and complete with the words below.

(work – supports – courage)

Mo Salah inspires me because he is a great football player.

He is smart and shows (1)..... in every game.

He always (2)..... his team and helps others.

He teaches us to work hard and never give up.

4 Look and rearrange the letters to make a word.

1.



e r o h

2.



f l u h p l e

3.



c r g e u o a

5 Read the text and answer the questions.

A doctor is a true hero. He wears a white uniform and works in a hospital. He helps people who are sick or hurt. The doctor is kind and helpful. He rescues lives and makes people feel better. Everyone respects and thanks the doctor.

A Choose the correct answer.

- The doctor helps people who are or hurt.
a) happy b) sick c) sad
- The doctor lives and makes people feel better.
a) rescues b) hits c) plays

B Answer the following questions.

- What does the doctor wear?

.....

- Where does he work?

.....

Unit 3

6 Reorder the words to make correct sentences.

1. parents - our - We - respect - should .

2. medal - won - Mai - a - gold .

7 Punctuate the following.

what's Khaled's job

he is a true hero

8 Write a paragraph of THREE (3) sentences using the words below :

" A true hero "

(player - gold medal - respect)

Review 1

General Test on units 1, 2, 3

1 Listen and write the missing letter.

1. h _ lmet

2. gr _ b

3. pr _ tein

4. h _ nest

2 Choose the correct answer a, b, or c.

1. You leave your toys on the floor.

a) must

b) can

c) mustn't

2. Ali drank water.

a) a

b) some

c) an

3. is someone who shows courage in hard times.

a) Brave

b) Smart

c) Strong

4. The children can dress

a) ourselves

b) themselves

c) himself

5. Food gives us

a) energy

b) meal

c) snack

6. Don't too much sugar.

a) ate

b) eating

c) eat

3 Read and complete with the words below.

(hands – medicine – exercise)

I want to stay healthy. I (1)..... to keep my body healthy.

I wash my hands before I eat. I clean my room every day. I take

(2)..... when I am sick. I rest to keep my body healthy.

4 Look and rearrange the letters to make a word.

1.



u r e s l

2.



d i s l e

3.



u r f t i s

5 Read the text and answer the questions.

Ali was reading a book in his room. When he finished, he left the book on the floor. His mother said, "Don't leave the book here. Someone may fall!" Ali listened to his mother and put the book back on the shelf. He followed the rules and was careful at home.

A Choose the correct answer.

1- Ali followed the and was careful at home.

a) shelf

b) floor

c) rules

2- Ali was a book in his room.

a) eating

b) reading

c) playing

B Answer the following questions.

3- What did his mother say?

.....

4- Where did Ali put the book back?

.....

6 Reorder the words to make correct sentences.

1. us - and - Vegetables - vitamins - give - energy .

.....

2. to - wears - A firefighter - himself - a helmet - protect .

.....

7 Punctuate the following.

why is he smart

.....

we must respect parents and teachers

.....

8 Write a paragraph of THREE (3) sentences using the words below:

" Healthy food " .

(milk - calcium - bread)

.....

.....

.....

.....

حمل الآن

مجانا وحصريا

المراجعة رقم (4)

اختبار شهر مارس



Second Term

March Revision

هدية كتاب **Step Ahead** لطلاب الصف الثالث الابتدائي بالإجابات النموذجية

مراجعة شهر مارس استعدادًا لامتحان شهر مارس على (Units 1-2)

Revision on Unit (1)

السؤال الأول في الامتحان

1 Listen and write the missing letter:

1

__ ide

__ op

__ een

__ ee

2

__ uck

__ one

__ ab

__ ip

3

__ ar

__ ass

__ ip

__ ain

4

__ ow

__ and

__ ow

__ ap

السؤال الثاني في الامتحان

2 Choose the correct answer from a, b, or c:

1. Leaving toys on the floor is

a) safe

b) calm

c) dangerous

2. Be when you cross the street.

a) hurt

b) careful

c) emergency

3. You must the rules to stay safe.
 a) follow b) followed c) follows
4. Wear a helmet to your head.
 a) protected b) protect c) protects
5. Stop! Don't on the stairs.
 a) run b) ran c) running
6. A policeman helps to keep everyone
 a) angry b) sick c) safe
7. You must wear a seat belt in the
 a) kitchen b) car c) park
8. Smoke in the kitchen can cause a
 a) fire b) friend c) toy
9. Children should play at home.
 a) loudly b) safely c) sadly
10. You listen to your teacher.
 a) must b) mustn't c) don't
11. The ambulance takes sick people to the
 a) school b) hospital c) library
12. The stove is in the
 a) kitchen b) bedroom c) garden
13. You must not talk to
 a) friends b) strangers c) teachers
14. A helmet protects your
 a) foot b) hand c) head
15. You must a seat belt in the car.
 a) wear b) wore c) wearing
16. Yesterday, the boy on the ice.
 a) fall b) fell c) falling

17. If you run too fast, you may get
 a) safe b) calm c) hurt
18. In an emergency, call for
 a) help b) rules c) signs
19. You touch hot things.
 a) must b) should c) mustn't
20. Wear your in the car.
 a) helmet b) seat belt c) belt

السؤال الثالث في الامتحان

3 Read and complete with the words below:

1

dangerous - floor - careful

Omar read a book in his room. He left it on the ① , but his mother warned him. Omar was ② and put the book on the shelf to stay safe.

2

corner - light - green

Lina looked left and right. She saw the cars waiting at the ① She waited for the green ② carefully and then crossed the street safely to reach the other side.

3

safe - signs - helmet

Mona : Do I need to wear something when I ride my bike?

Dad : Yes! Always wear a ① to protect your head.

Mona : How do I know where to walk safely?

Dad : Follow the ②

السؤال الرابع في الامتحان

4 Look and rearrange the letters to make a word:

1



1. esrlu



2. rthu



3. afse

2



1. terset



2. temhle

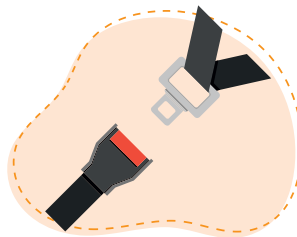


3. orcss

3



1. namecilop



2. eats eblt



3. sifrt dai

السؤال الخامس في الامتحان

5 Read the text and answer the questions:

Ali was in the living room when he noticed smoke coming from the heater. He felt a little frightened but remembered the safety rule: "You must call an adult if something seems dangerous." Ali quickly called his father from the next room and said, "Dad, there is smoke near the heater!" His father came quickly and turned it off safely.

8. the - safely - Sama - street - crossed.

.....

9. head - to - protect - your - a helmet - Wear.

.....

10. careful - Always - be - you - play - when.

.....

السؤال السابع في الامتحان

7 Punctuate the following:

1. i put my toys in the box

.....

2. ali was reading a book in his room

.....

3. don't talk to strangers, mona.

.....

4. sama stood at the corner of the street

.....

5. mom, there's smoke in the kitchen

.....

6. you did the right thing

.....

7. what must you do when you drive a car

.....

8. who can you call for help

.....

9. this is our safety guide

.....

10. i must follow the traffic rules

.....

أهم الموضوعات المتوقعة في الامتحان

8 Write a paragraph of THREE (3) sentences using the words below:

1

“Safety at Home”

Guiding words:

smoke - adult - emergency

2

“Staying Safe in a Car”

Guiding words:

seat belt - traffic rules - careful

Revision on Unit (2)

السؤال الأول في الامتحان

1 Listen and write the missing letter:

1

__ t

sw __ ts

qu __ n

cl __ n

2

ch __ se

l __ f

b __ ns

thr __

3

t __ m

tr __

m __ t

str __ t

السؤال الثاني في الامتحان

2 Choose the correct answer from a, b, or c:

- We should eat the right food to keep our body
 a) unhealthy b) healthy c) weak
- Milk is rich in calcium and is good for our
 a) bones b) head c) stomach
- Fries and chips are food.
 a) healthy b) important c) unhealthy
- I eat apple every morning.
 a) some b) an c) two
- Eggs are full of
 a) protein b) sugar c) salt

6. She drinks water after exercise.
 a) a b) an c) some
7. Too much fat and salt are bad for your
 a) body b) tent c) mirror
8. He stayed in bed because he was
 a) strong b) sick c) happy
9. The cat cleaned
 a) themselves b) himself c) itself
10. Vegetables help our body well.
 a) work b) taste c) talk
11. The boys cleaned the room
 a) himself b) herself c) themselves
12. Soda and sweets are bad for our
 a) health b) family c) oil
13. Chicken and fish are good sources of
 a) sugar b) salt c) protein
14. He drank milk because it is rich calcium.
 a) in b) of c) from
15. My mother cooked the meal
 a) himself b) herself c) myself
16. She stayed in bed to
 a) rest b) exercise c) clean
17. We should take care of
 a) myself b) yourself c) ourselves
18. We should wash our hands to stay
 a) tired b) clean c) hungry
19. He taught how to swim.
 a) himself b) herself c) myself
20. I had sandwiches for breakfast.
 a) an b) a c) some

السؤال الثالث في الامتحان

3 Read and complete with the words below:

1

healthy - protein - food

Our bodies need food to stay active and grow. Meat gives our body ① to make us strong. Fruits and vegetables help keep us ② and fight sickness.

2

rest - water - better

Lina loves to play outside every day, but she sometimes forgets to wash her hands and eat healthy food. She also needs to ① properly. After resting and drinking water, she felt ②

3

unhealthy - energy - milk

Lina : Hi, Noor! What do you eat for breakfast?

Noor : I eat eggs and drink ① They give me energy.

Lina : I eat cookies and soda.

Noor : Really? That is ② !

السؤال الرابع في الامتحان

4 Look and rearrange the letters to make a word:



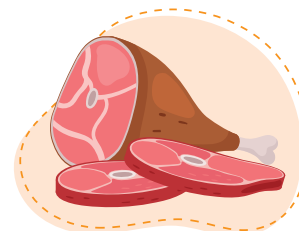
1. odfo

.....



2. arsug

.....



3. eatm

.....

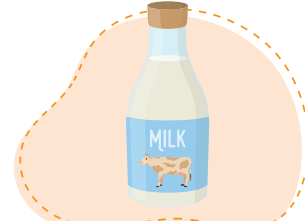


1

1. fursit



2. ergney



3. kilm

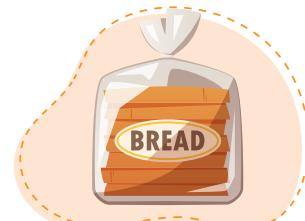


2

1. sntu



2. chpis



3. rbeda

السؤال الخامس في الامتحان

5 Read the text and answer the questions:

3 Adam loved eating snacks like fries, chocolate, and soda. He rarely ate fruits or vegetables. One morning, he felt weak and had a stomachache. His teacher said, "Adam, eat healthy foods like apples, carrots, and chicken." Adam followed the advice and ate an orange, milk, rice, salad, and yogurt. He felt strong and happy again.

A Choose the correct answer from a, b, or c:

- The underlined word "weak" means ".....".
 a) strong b) tired c) happy
- Adam did not eat many
 a) fruits and vegetables b) snacks c) drinks

B Answer the following questions:

3. What advice did Adam's teacher give him?

◆

4. How did Adam feel at the end?

◆

6 Reorder the words to make correct sentences:

1. energy - us - Food - gives - grow - to.

◆

2. vegetables - vitamins - Fruits - and - us - give.

◆

3. sickness - What - us - helps - fight?

◆ ?

4. hydrated - drinks - He - water - stay - to.

◆

5. energy - have - I - much - so.

◆

6. herself - dresses - and - up - wakes - Leila.

◆

7. for - breakfast - What - eat - you - do?

◆ ?

8. Cakes - unhealthy - soda - and - are.

◆

9. instead - try - I'll - chicken - nuts - and.

◆

10. fries - usually - eats - pizza - Who - and?

◆ ?

السؤال السابع في الامتحان

7 Punctuate the following:

1. maya likes to play every day

◆

2. you must take care of yourself

◆

3. omar loved eating snacks

◆

4. i ate an apple for breakfast

◆

5. she cleans her room every day

◆

6. wash your hands before you eat

◆

7. salma exercises a little every day

◆

8. i must take care of myself

◆

9. What food does hana eat for lunch

◆

10. eggs and milk are healthy

◆

أهم الموضوعات المتوقعة في الامتحان

8 Write a paragraph of **THREE (3)** sentences using the words below:

1

“Your Healthy Menu”

Guiding words:

fruits - vegetables - milk

2

“Taking Care of Yourself”

Guiding words:

healthy food - washing hands - exercise

Test on Units (1-2)

.....
30

1 Listen and write the missing letter: (6Ms)

__ ow

__ ep

b __ ns

qu __ n

2 Choose the correct answer from a, b, or c: (3Ms)

1. Chips are a kind of food.
a) unhealthy **b)** healthy **c)** fresh
2. Sick people go to the to get treatment.
a) school **b)** park **c)** hospital
3. Soda is not good for our health because it has too much
a) sugar **b)** water **c)** milk
4. careful when you cross the street.
a) Do **b)** Be **c)** Don't
5. Students run in the school hallway.
a) must **b)** should **c)** mustn't
6. I made the cake by
a) myself **b)** herself **c)** yourself

3 Read and complete with the words below: (1M)

strangers - helmet - help

Adam and Nora are classmates. Before cycling to the park, Adam said, Safety first. You must wear a ① and you mustn't talk to ② Call for help quickly and safely.

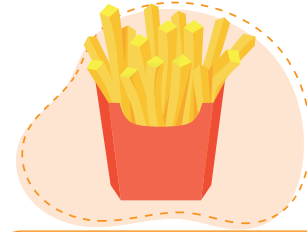
4 Look and rearrange the letters to make a word: (3Ms)



1. arpk



2. atwer



3. firse

5 Read the text and answer the questions: (5Ms)

Laila and Hana were talking about breakfast. Laila usually ate eggs and drank milk. Hana liked cake and soda, but she knew they were not healthy. One morning, Hana felt tired and weak. Laila advised her to eat healthy foods like chicken, nuts, and fruits. Hana followed the advice and felt strong and happy again.

A Choose the correct answer from a, b, or c:

1. The opposite of the underlined word "weak" is ".....".
 a) sleepy b) tired c) strong
2. Hana liked eating for breakfast.
 a) eggs and milk b) cake and soda c) chicken and nuts

B Answer the following questions:

3. What did Laila usually eat for breakfast?

◆

4. What advice did Laila give Hana?

◆

6 Reorder the words to make correct sentences: (1M)

1. some - had - He - rice - lunch - for.

.....

2. help - call - Who - can - you - for?

..... ?

7 Punctuate the following: (4Ms)

1. you mustn't touch hot things

.....

2. what does food give us

.....

8 Write a paragraph of THREE (3) sentences using the words below: (7Ms)

“Eating for Energy and Health”

Guiding words:

protein - vitamins - water

.....

.....

.....

.....

.....

Revision on Unit (1)

1 Listen and write the missing letter:

- | | | | |
|----------|----------|----------|----------|
| 1. slide | 2. stop | 3. green | 4. tree |
| 1. truck | 2. stone | 3. grab | 4. slip |
| 1. star | 2. grass | 3. trip | 4. train |
| 1. slow | 2. stand | 3. grow | 4. trap |

2 Choose the correct answer from a, b, or c:

- | | | | |
|------------------|---------------|-----------------|------------------|
| 1. c) dangerous | 2. b) careful | 3. a) follow | 4. b) protect |
| 5. a) run | 6. c) safe | 7. b) car | 8. a) fire |
| 9. b) safely | 10. a) must | 11. b) hospital | 12. a) kitchen |
| 13. b) strangers | 14. c) head | 15. a) wear | 16. b) fell |
| 17. c) hurt | 18. a) help | 19. c) mustn't | 20. b) seat belt |

3 Read and complete with the words below:

- | | |
|-----------|------------|
| 1. floor | 2. careful |
| 1. corner | 2. light |
| 1. helmet | 2. signs |

4 Look and rearrange the letters to make a word:

- | | | |
|--------------|--------------|--------------|
| 1. rules | 2. hurt | 3. safe |
| 1. street | 2. helmet | 3. cross |
| 1. policeman | 2. seat belt | 3. first aid |

5 Read the text and answer the questions:

A. Choose the correct answer from a, b, or c:

1. b) scared 2. a) smoke

B. Answer the following questions:

3. "You must call an adult if something seems dangerous."
4. He called his father.

6 Reorder the words to make correct sentences:

1. Tia and Sally are friends.
2. Don't run near the street.
3. You must listen to your teacher.
4. Stay calm in an emergency.
5. First aid helps injured people.
6. The policeman keeps us safe.
7. Wear the seat belt in the car.
8. Sama crossed the street safely.
9. Wear a helmet to protect your head.
10. Always be careful when you play.

7 Punctuate the following:

1. I put my toys in the box.
2. Ali was reading a book in his room.
3. Don't talk to strangers, Mona.
4. Sama stood at the corner of the street.
5. Mom, there's smoke in the kitchen.
6. You did the right thing.
7. What must you do when you drive a car?
8. Who can you call for help?
9. This is our safety guide.
10. I must follow the traffic rules.

8 Write a paragraph of THREE (3) sentences using the words below:

1

"Safety at Home"

If you notice smoke in the house, quickly tell an adult. In an emergency, stay calm. Follow instructions carefully to keep everyone safe.

2

"Staying Safe in a Car"

Always wear your seat belt in the car. Follow the traffic rules to stay safe. Be careful and watch the road while traveling.

Revision on Unit (2)

1 Listen and write the missing letter:

- | | | | |
|-----------|-----------|----------|-----------|
| 1. eat | 2. sweets | 3. queen | 4. clean |
| 1. cheese | 2. leaf | 3. beans | 4. three |
| 1. team | 2. tree | 3. meat | 4. street |

2 Choose the correct answer from a, b, or c:

- | | | | |
|------------------|--------------|-------------------|---------------|
| 1. b) healthy | 2. a) bones | 3. c) unhealthy | 4. b) an |
| 5. a) protein | 6. c) some | 7. a) body | 8. b) sick |
| 9. c) itself | 10. a) work | 11. c) themselves | 12. a) health |
| 13. c) protein | 14. a) in | 15. b) herself | 16. a) rest |
| 17. c) ourselves | 18. b) clean | 19. a) himself | 20. c) some |

3 Read and complete with the words below:

- | | |
|------------|--------------|
| 1. protein | 2. healthy |
| 1. rest | 2. better |
| 1. milk | 2. unhealthy |

4 Look and rearrange the letters to make a word:

- | | | |
|-----------|-----------|----------|
| 1. food | 2. sugar | 3. team |
| 1. fruits | 2. energy | 3. milk |
| 1. nuts | 2. chips | 3. bread |

5 Read the text and answer the questions:

A. Choose the correct answer from a, b, or c:

1. b) tired 2. a) fruits and vegetables

B. Answer the following questions:

3. "Adam, eat healthy foods like apples, carrots, and chicken."
4. He felt strong and happy.

6 Reorder the words to make correct sentences:

1. Food gives us energy to grow.
2. Fruits and vegetables give us vitamins.
3. What helps us fight sickness?
4. He drinks water to stay hydrated.
5. I have so much energy.
6. Leila wakes up and dresses herself.
7. What do you eat for breakfast?
8. Cakes and soda are unhealthy.
9. I'll try chicken and nuts instead.
10. Who usually eats pizza and fries?

7 Punctuate the following:

1. Maya likes to play every day.
2. You must take care of yourself.
3. Omar loved eating snacks.
4. I ate an apple for breakfast.
5. She cleans her room every day.
6. Wash your hands before you eat.
7. Salma exercises a little every day.
8. I must take care of myself.
9. What food does Hana eat for lunch?
10. Eggs and milk are healthy.

8 Write a paragraph of THREE (3) sentences using the words below:

1

"Your Healthy Menu"

I eat fruits every day to get energy. Vegetables help my body stay healthy and strong. Milk is good for my bones and teeth strong.

2

"Taking Care of Yourself"

Eating healthy food helps our bodies grow strong. Washing hands keeps us clean and safe from germs. Doing exercise every day makes us active and healthy.

Test on Units (1-2)

1 Listen and write the missing sounds:

1. grow 2. step 3. beans 4. queen

2 Choose the correct answer from a, b, or c:

1. a) unhealthy 2. c) hospital 3. a) sugar
4. b) Be 5. c) mustn't 6. a) myself

3 Read and complete with the words below:

1. helmet 2. strangers

4 Look and rearrange the letters to make a word:

1. park 2. water 3. fries

5 Read the text and answer the questions:

A. Choose the correct answer from a, b, or c:

1. c) strong 2. b) cake and soda

B. Answer the following questions:

3. Laila usually ate eggs and drank milk.
4. Laila advised her to eat healthy foods like chicken, nuts, and fruits.

6 Reorder the words to make correct sentences:

1. He had some rice for lunch.
2. Who can you call for help?

7 Punctuate the following:

1. You mustn't touch hot things.
2. What does food give us?

8 Write a paragraph of THREE (3) sentences using the words below:

"Eating for Energy and Health"

Eating foods with protein helps our bodies grow strong. Vitamins from fruits and vegetables keep us healthy. Drinking enough water helps our bodies work well.

حمل الآن

مجاناً وحصرياً

المراجعة رقم (5)

اختبار شهر مارس



Review On Unit

7

Vocabulary

Lesson (1)	dangerous	خطير
	emergency	حالة طوارئ
	rules	قواعد
	careful	حريص
	hurt	يؤذي
	safe	آمن

Lesson (2)	policeman	رجل شرطة
	seat belt	حزام أمان
	ambulance	سيارة إسعاف
	first aid	إسعافات أولية
	kitchen	مطبخ
	smoke	دخان

Lesson (3)	street	شارع
	cross	يعبر
	stop	يقف
	wait	ينتظر
	walk	يمشي
	helmet	خوذة
	signs	لافتات

Lesson (4)	friends	أصدقاء
	park	حديقة
	nod	يومي برأسه
	guide	مرشد - دليل
	near	قريب
	before	قبل
	house	منزل

Phonics

/s/	slide	slow	/gr/	green	grow
/st/	star	step	/tr/	tree	truck

Language Imperatives

Positive: - Stop!

Negative: - Don't run!

Modals for rules

- You **must** call for help.

- You **mustn't** talk to strangers.

Activities

On Unit

1

نص الاستماع في نهاية الملحق

1 Listen and write the missing letter.

استمع واكتب الحرف الناقص.

- 1 _leep 2 t_ain 3 s_ar 4 t_ap

2 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكوّن كلمة.

1

l a w k



2

g s i n



3

i c p n m a o e l



3 Choose the correct answer from a, b, or c.

اختر الإجابة الصحيحة.

Vocabulary

- We follow the to keep us safe at home.
a) rules b) boxes c) signs
- Not following rules can be
a) safe b) good c) dangerous
- In an, you must stay calm and ask for help.
a) box b) emergency c) street
- If you aren't, you might get hurt.
a) careful b) happy c) fast
- You should look both ways before you the street.
a) run b) cross c) cut
- You must wear a when riding a bike.
a) helmet b) umbrella c) jacket

7. Don't talk to!
 a) teachers b) nurses c) strangers
8. The keeps us safe.
 a) policeman b) driver c) doctor
9. You must wear the in the car.
 a) shoes b) seat belt c) first aid
10. Follow the rules to stay safe.
 a) safety b) food c) math
11. Stop and wait for the light before crossing.
 a) yellow b) red c) green
12. You must call a/an if something doesn't seem right.
 a) adult b) captain c) car

Language

1. run inside the house!
 a) Don't b) Aren't c) Won't
2. careful!
 a) Is b) Be c) Are
3. Don't the toys on the floor.
 a) leave b) leaves c) leaving
4. Always safety rules at home.
 a) follows b) following c) follow
5. eat fast food every day!
 a) Don't b) Not c) No
6. healthy food.
 a) Eats b) Eating c) Eat

7. You talk to strangers.

- a) must b) mustn't c) can

8. You brush your teeth every day.

- a) must b) mustn't c) shouldn't

9. You mustn't hot things.

- a) touches b) touch c) touching

10. You be kind to your friends.

- a) must b) mustn't c) shouldn't

4 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

careful - walk - follow

We have rules at home to keep us safe. If I 1) the rules, I will not get hurt. I am always 2) when I play.

Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

helmet - must - mustn't

Here are some safety rules on the road. You must wear a 1) when riding a bike. You 2) talk to strangers. Don't run near the street. Always stay safe.

Read and complete the dialog with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

strangers - walk - talks

Mona : How do I know where to 1) safely?

Dad : Follow the signs.

Mona : What if someone I don't know 2) to me?

Dad : Don't talk to strangers.

5 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Ali was playing in his room. He saw a knife on the table. When he finished playing, he left his book on the floor. His mother said, "Don't leave the book here. Someone may fall." Ali listened to his mother. He put the book back on the shelf. Ali followed the rules.

A) Choose the correct answer from a, b, or c.

- Why did Ali's mother tell him not to leave the book on the floor?
a) It might get dirty. b) Someone may fall. c) It could get lost.
- What did Ali do with the book after his mother talked to him?
a) He threw it away. b) He left it on the floor.
c) He put it back on the shelf.

B) Answer the following questions.

- Where was Ali playing
- What did Ali see on the table?

- Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Tia and Sally are friends. One day, they went outside to play. Tia said, "Wear your helmet when you ride your bike." Sally said, "Don't talk to strangers. Call for help in an emergency." At the park, Sally saw a stop sign. She said, "Stop! Wait for the green light before crossing." Tia looked both ways and said, "Be careful! Don't run near the street."

A) Choose the correct answer from a, b, or c.

- What did Sally say about strangers?
a) Say hello to them. b) Don't talk to them. c) Ask them for help.
- What should you do before crossing the street?
a) Run quickly. b) Wait for the green light.
c) Close your eyes.

B) Answer the following questions.

- What must you wear when riding a bike?
- What did Tia and Sally talk about?

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكوّن جملاً صحيحة.

1. must - calm - You - stay - .

2. careful - Always - at home - be - .

3. run - on - Don't - the street - .

4. did - Sara - What - see - ?

5. policeman - us - The - safe - keeps - .

6. crossed - safely - She - the street - .

7. asked - Lina - help - for - .

8. helps - aid - First - people - injured - .

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. don't run near the street

2. watch out

3. where do you live

4. sara crossed the street

5. be careful

6. what did you do

7. omar is careful at home

8. mona follows the rules

9. do you ride a bike

8 اكتب فقرة من ثلاث جمل عن: Write a paragraph of **Three** sentences about:

How to stay safe in the street

bike - helmet - strangers - run

- اكتب فقرة من ثلاث جمل عن: Write a paragraph of **Three** sentences about:

Safety at home

rules - careful - toys

Review On Unit

2

Vocabulary

Lesson (1)	food	طعام
	meat	لحمة
	sugar	سكر
	fruits	فواكه
	water	مياه
	vegetables	خضراوات

Lesson (2)	milk	حليب - لبن
	cheese	جبين
	nuts	مكسرات
	chips	شيبسي
	fries	بطاطس محمرة
	sweets	حلويات

Lesson (3)	exercise	يتمرن
	clean	ينظف
	rest	راحة
	medicine	أدوية
	stay in bed	يبقى في السرير
	sick	مريض
	wash	يغسل

Lesson (4)	yogurt	زبادي
	soup	حساء / شوربة
	honey	عسل
	breakfast	إفطار
	lunch	غداء
	dinner	عشاء
	snack	وجبة خفيفة

Phonics

ea: eat	-	meat	-	beans
ee: cheese	-	sweet	-	tree

Language

1- Reflexive pronouns:

- I can wash **myself**.
- We made a cake **ourselves**.

2- Countable & Uncountable

- a carrot (two carrots) an apple
- some milk / rice

Activities

On Unit 2

نص الاستماع في نهاية الملحق

1 Listen and write the missing letter.

استمع واكتب الحرف الناقص.

1 m_at

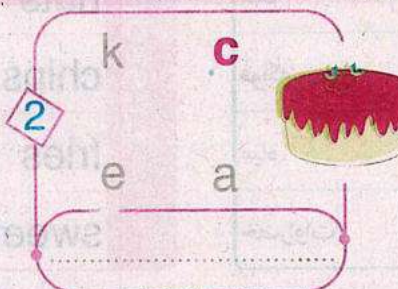
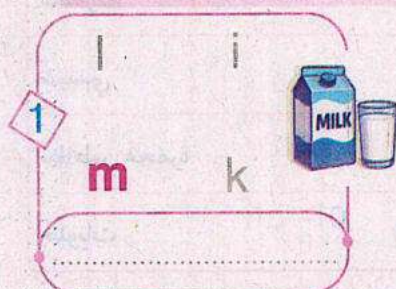
2 ch_ese

3 b_ans

4 _at

2 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكوّن كلمة.



3 Choose the correct answer from a, b, or c.

اختر الإجابة الصحيحة.

Vocabulary

- Food gives us
a) energy b) money c) sugar
- gives our body protein.
a) Fruit b) Water c) Meat
- helps our body work well.
a) Water b) Soda c) Cake
- is good for our bones.
a) Chicken b) Milk c) Pizza
- Lollipops are
a) healthy b) good c) unhealthy
- Bread is rich in
a) carbohydrates b) fats c) calcium

Units

7. I to keep my body healthy.
a) wash b) exercise c) climb
8. I take when I am sick.
a) juice b) milk c) medicine
9. I my room every day.
a) clean b) cook c) eat
10. I eat with honey.
a) eggs b) soda c) yogurt
11. I eat in the morning.
a) breakfast b) lunch c) snack
12. Nuts are healthy
a) sports b) snacks c) lunch

Language

1. I made this pizza all by
a) myself b) himself c) herself
2. We enjoyed at the party.
a) yourself b) ourselves c) themselves
3. Take care of, girls.
a) yourselves b) yourself c) themselves
4. The children can dress
a) himself b) yourself c) themselves
5. She can wash
a) herself b) itself c) myself
6. I have egg for breakfast.
a) a b) an c) some

7. Would you like honey?
a) a b) an c) some
8. I had sandwich.
a) a b) an c) some
9. Ali ate apple.
a) a b) an c) some
10. Omar drank water.
a) a b) an c) some

4 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

sweets - fruits - protein

Food gives us energy to play, learn, and grow. Meat gives us 1)..... Too much sugar is bad for our body. We must have 2)..... and vegetables every day.

Read and complete the dialog with the words in the box.

اقرأ وأكمل الحوار بالكلمات الموجودة في المربع.

eggs - unhealthy - breakfast

Sara : What do you eat for breakfast?

Huda : I eat 1)..... and drink milk.

Sara : Do you eat cake and soda?

Huda : Yes, but I know they are very 2).....

Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

himself - hungry - vegetables and fruits

Youssef wakes up early. He washes himself and smiles. "I am 1)....." He helps his mom in the kitchen. They do the breakfast. Youssef eats 2)..... He thanks his mom.

5 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Nour liked eating snacks like chips, cake, and soda. He did not eat many fruits or vegetables. One day, he felt tired and had a stomachache. His teacher told him, "Nour, you need to eat healthy foods like fruits, vegetables and meat. Nour followed the advice. For breakfast, he ate an apple and drank some milk. For lunch, he had some rice and some salad. For a snack, he had yogurt. He felt strong and happy again.,

A) Choose the correct answer from a, b, or c.

- Nour felt again.
a) weak b) strong c) sad
- For breakfast, Nour drank
a) juice b) water c) milk

B) Answer the following questions.

- What snacks did Nour like to eat?
- What should Nour eat for breakfast?

Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Mazen likes to play every day, but he often forgets to wash his hands and eat healthy food. One day, he felt sick. His friend Nour said, "You should wash your hands, eat healthy food, rest, and exercise." Mazen listened to Nour. He washed himself carefully, ate eggs and fruit, drank water, and rested when he felt tired. He also exercised a little every day. After a few days, Mazen felt much better

A) Choose the correct answer from a, b, or c.

- Mazen ate
a) cheese b) eggs c) fruit
- Mazen likes to every day.
a) cook b) play c) watch TV

B) Answer the following questions.

- What should Mazen do?
- What is the moral of the text?

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكون جملاً صحيحة.

1. my - day - I - every - clean - room - .

2. does - food - What - us - give - ?

3. protein - Eggs - full of - are - .

4. cooked - Fries - oil - are - in - .

5. are - Cake - not - you - soda - and - good - for - .

6. do - lunch - What - you - for - eat - ?

7. by - She - herself - exercises - .

8. some - Omar - drank - milk - .

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. laila loves eating snacks

2. are you healthy

3. i eat breakfast at home

Units

4. ahmed can wash himself

5. rice gives us energy

6. do you like pizza

7. water is healthy

8. what do you eat for lunch

9. don't eat too much sugar

8. Write a paragraph of **Three** sentences about: اكتب فقرة من ثلاث جمل عن:

Healthy food

energy - milk - calcium - eggs

Write a paragraph of **Three** sentences about: اكتب فقرة من ثلاث جمل عن:

Staying healthy

exercise - wash - eat

Review On Unit

3

Vocabulary

Lesson (1)	hero	بطل
	brave	شجاع
	strong	قوي
	kind	لطيف - عطوف
	smart	ذكي

Lesson (2)	helpful	متعاون
	rescue	ينقذ
	uniform	زِيّ موحد
	teach	يلدرس - يعلم
	jobs	وظائف

Lesson (3)	support	يسانّد - يدعم
	inspire	يلهم
	leader	قائد
	courage	شجاعة
	honest	صادق - أمين

Lesson (4)	athlete	لاعب رياضي
	respect	يحترم
	event	حدث - فعالية
	medal	ميدالية
	famous	مشهور

Phonics: Magic "e"

mad	مجنون	made	صنع
hat	قبعة	hate	يكره
kit	عدة	kite	طائرة ورقية
pin	دبوس	pine	صنوبر
not	لا	note	ملاحظة
rob	يسرق	robe	ثوب

Language Adverbs of Sequence

- First, Omar trained hard.
- Then, he climbed the mountain.

Activities

On Unit 3

نص الاستماع في نهاية الملحق

1 Listen and write the missing letter.

استمع واكتب الحرف الناقص.

1 k_te

2 s_ve

3 br_ve

4 r_be

2 Look and rearrange the letters to make a word.

انظر وأعد ترتيب الحروف لتكوّن كلمة.

1 d i k n 

.....

2 e c r s e u 

.....

3 l a e t e t h 

.....

3 Choose the correct answer from a, b, or c.

اختر الإجابة الصحيحة.

Vocabulary

- A ... is someone who does something special, good, or brave.
 - hero
 - strong
 - smart
- Being means to do difficult things easily.
 - brave
 - strong
 - kind
- Being means showing courage in hard times.
 - beautiful
 - hero
 - brave
- Khaled is a brave He puts out the fire.
 - firefighter
 - doctor
 - teacher
- My dad math at school.
 - learns
 - makes
 - teaches
- My sister is She helps her friends.
 - helpful
 - bad
 - careless

7. The captain is the of the team.
a) **player** b) **leader** c) **driver**
8. Omar is and never lies.
a) **honest** b) **kind** c) **angry**
9. Heba helped build hospitals to sick people.
a) **support** b) **make** c) **do**
10. We have a school every month.
a) **medal** b) **event** c) **uniform**
11. We our teachers and parents.
a) **respect** b) **fight** c) **give**
12. Omar won a in the race.
a) **homework** b) **medicine** c) **medal**

Language

1., he saw the fire.
a) **First** b) **Second** c) **One**
2. She helped the old man., she gave him water.
a) **First** b) **Then** c) **That**
3., I put on my uniform. Then, I went to school.
a) **First** b) **Next** c) **Finally**
4. Ali did his homework., he watched TV.
a) **Finally** b) **Than** c) **Then**
5., my dad had breakfast. Then, he went to work.
a) **First** b) **Then** c) **Next**
6., I did my homework. Then, I played games.
a) **First** b) **Then** c) **Next**

7. First, I washed my hands. , I had lunch.

- a) First b) Then c) After

8. First, the girl warned people. , she helped them move to a safe place.

- a) First b) Then c) Before

4 Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

helmet - cap - alarm

Every day, the firefighter puts on his 1) and uniform. When the fire 2) rings, he jumps into the fire truck and drives quickly through the streets. He likes helping others.

Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

searched - policewoman - First

Officer Asmaa is a 1) in Cairo. One day, she saw a boy crying in the street. 2) , she stopped and spoke to him kindly. He was lost and couldn't find his parents. Then she carefully searched the streets and found his parents.

Read and complete the text with the words in the box.

اقرأ وأكمل النص بالكلمات الموجودة في المربع.

poor - cared - helped

Heba helped many people during hard times in Egypt. She always 1) about others and wanted to make their lives better. First, she gave food and clothes to 2) families.

5 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Officer Asmaa is a policewoman in Cairo. One sunny morning, she was walking on her way to work when she saw a little child crying in the street. First, she stopped right away and spoke to him kindly, asking what was wrong. The child was lost and could not find his parents. Officer Asmaa held his hand, and told him not to be afraid. Then, she carefully searched the street until she found his parents.

A) Choose the correct answer from a, b, or c.

- Officer Asmaa held his hand, and told him not to be.....
a) afraid b) happy c) careful
- One sunny, she was walking on her way to work.
a) afternoon b) morning c) evening

B) Answer the following questions.

- Where does Asmaa work?
- What was she doing when she saw a little child crying?

6 Read the text and answer the questions. اقرأ النص وأجب عن الأسئلة.

Feryal Ashraf is a famous Egyptian athlete. She worked hard every day to get ready for a big event. She trained, practiced, and never gave up. At last, she won a gold medal for Egypt. Her school made a party to celebrate her. Everyone clapped and smiled for her. Feryal said, "This medal is for everyone who helped me."

A) Choose the correct answer from a, b, or c.

- Feryal Ashraf never
a) gave up b) trained c) worked
- Everyone and smiled for her.
a) cried b) made c) clapped

B) Answer the following questions.

- Who is Feryal Ashraf?
- What did she win?

6 Reorder the words to make correct sentences.

أعد ترتيب الكلمات لتكون جملاً صحيحة.

1. a strong - Ahmed - swimmer - is - .

2. saved - from - He - the boy - smoke - .

3. mom - science - My - teaches - .

4. is - The nurse - helpful - very - .

5. officers - a uniform - The police - wear - .

6. is - your - What - job - dad's - ?

7. leader - helps - A good - team - his - .

8. respect - We - parents - should - our - .

7 Punctuate the following.

ضع علامات الترقيم على ما يلي.

1. we respect our teacher

2. when is the school event

3. they lived in Aswan

4. feryal Ashraf is a famous athlete

5. omar is honest

6. what's your job

7. asmaa is a policewoman

8. i am from Cairo

9. do you like math

8. اكتب فقرة من ثلاث جمل عن: Write a paragraph of **Three** sentences about:

People who help us

doctors - police officers - nurses - firefighters

- اكتب فقرة من ثلاث جمل عن: Write a paragraph of **Three** sentences about:

A famous athlete

Feryal - medal - trained - gave up

حمل الآن

مجانا وحصريا

المراجعة رقم (6)

اختبار شهر مارس



(A) Listening

نصوص الاستماع بجزء الإجابات

1 Listen and write the missing letter(s):

1. h _ p

2. _ _ t

3. _ _ ap

4. k _ t _

(B) Reading

2 Choose the correct answer from a, b, or c:

1. Hany is a good He helps his team.

a. courage

b. leader

c. event

2. Can you see in the mirror?

a. yourself

b. herself

c. himself

3. quietly in the classroom!

a. Speaks

b. Speaking

c. Speak

4. There is too much in the tea.

a. sugar

b. meat

c. rice

5. Playing with fire is very

a. safe

b. dangerous

c. healthy

6., I woke up. Then, I had breakfast.

a. After

b. That

c. First

3 Read and complete with the words below:

emergency – helmets – talk

Yesterday, Mazen went out to play with his brother. They wore (1)
when they rode their bikes. They didn't (2) to strangers.

4 Look and rearrange the letters to make a word:

1



p s r o u t p

2



s i p h c

3



e t r s e t

5 Read the text and answer the questions:

Feryal Ashraf is a brave Egyptian athlete. She loves karate very much. Feryal practiced for many hours every day. She was very strong and never stopped trying. Finally, she won the gold medal for Egypt! Her friends and family were very happy. Feryal thanked everyone because they helped her win this big prize.

(A) Choose the correct answer from a, b, or c:

1. The passage is about an Egyptian
a. student b. policeman c. athlete
2. The underlined word "brave" means showing in hard times.
a. courage b. problems c. troubles

(B) Answer the following questions:

3. What sport did Feryal Ashraf do?

.....

4. Why did Feryal Ashraf thank everyone?

.....

(C) Writing

6 Reorder the words to make correct sentences:

1. eating – chips. – Omar – snacks – loved – like

.....

2. the – Mom, – smoke – in – kitchen! – there's

.....

7 Punctuate the following:

1. cake is not good for your body

.....

2. do you really rescue lives

.....

8 Write a paragraph of THREE (3) sentences using the words below:

“Staying healthy”

(rest – wash – medicine)

.....
.....
.....
.....

GOOD LUCK

(A) Listening

نصوص الاستماع بجزء الإجابات

1 Listen and write the missing letter(s):

1. — — ep

2. m — d

3. h — p —

4. sw — — t

(B) Reading

2 Choose the correct answer from a, b, or c:

1. The policemen wear a white

a. helmet

b. medal

c. uniform

2. If someone gets hurt, we call the

a. ambulance

d. helmet

c. seat belt

3. We eat in the morning.

a. dinner

b. lunch

c. breakfast

4. You run in the street. It's not safe.

a. must

b. can

c. mustn't

5. I have carrot in my bag.

a. a

b. an

c. some

6. eat in the library. It is not allowed.

a. Don't

b. Do

c. Didn't

3 Read and complete with the words below:

supports – looks – food

Dina : Who is your hero?

Rahma : My father is my hero. He gives (1) to poor people.

Dina : What else?

Rahma : He (2) sick people in need.

4 Look and rearrange the letters to make a word:

1



d e m a l

2



e m l t e h

3



o e k s c i o

5 Read the text and answer the questions:

Sama and her father wanted to cross a busy street. They saw a red light, so they stopped at the corner. "We must wait for the green light," her father said. Sama looked left and right to see the cars. When the light changed to green, they walked carefully on the road. Sama followed the rules and stayed safe.

(A) Choose the correct answer from a, b, or c:

1. Sama and her father wanted to a busy street.

a. cross

b. wait

c. drink

2. The underlined word "safe" is opposite to

a. unhealthy

b. dangerous

c. strong

(B) Answer the following questions:

3. What does the text talk about?

.....

4. When did Sama and her father walk carefully on the road?

.....

(C) Writing

6 Reorder the words to make correct sentences:

1. play – Maya – day. – every – to – likes

.....

2. jumped – the – Khaled – fire – into – truck.

.....

7 Punctuate the following:

1. what do you usually eat for breakfast

.....

2. always be careful when you play

.....

8 Write a paragraph of THREE (3) sentences using the words below:

“Safety around us”

(policeman – first aid – ambulance)

.....

.....

.....

GOOD LUCK

(A) Listening

نصوص الاستماع بجزء الإجابات

1 Listen and write the missing letter(s):

1. k _ t

2. _ _ ow

3. gr _ _ n

4. _ _ ow

(B) Reading

2 Choose the correct answer from a, b, or c:

1. They can clean the room by

a. ourselves

b. yourself

c. themselves

2. When you are sick, the doctor gives you

a. honey

b. medicine

c. cake

3. We should our parents and say "Thank you".

a. respect

b. rescue

c. teach

4. You mustn't trash on the floor.

a. threw

b. throw

c. throwing

5. First, put on your shoes., go outside.

a. Then

b. The

c. After

6. Use the kit to clean a small cut.

a. street

b. first aid

c. helmet

3 Read and complete with the words below:

Sugar – vitamins – Meat

Food gives us energy. (1) gives our body protein. Fruits and vegetables give us (2) They help us fight sickness.

4 Look and rearrange the letters to make a word:

1



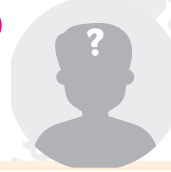
e e s c r i x e

2



v a e r b

3



g r a e r t s n

5 Read the text and answer the questions:

Doctor Ali is a very kind man. His job is to help sick people feel better. Every morning, he wears his special white uniform. He works with a great team at the hospital to care for patients. Doctor Ali checks everyone carefully and gives them medicine. He is a hero because he rescues lives every day.

(A) Choose the correct answer from a, b, or c:

1. Doctor Ali is a very man.

a. important

b. smart

c. kind

2. The underlined word "patients" means people who are

a. strong

b. good

c. sick

(B) Answer the following questions:

3. What is the main idea of the text?

.....

4. Why is Doctor Ali a hero?

.....

(C) Writing

6 Reorder the words to make correct sentences:

1. honey. – with – eat – I – yogurt

.....

2. think – he – a – hero? – Do – is – you

.....

7 Punctuate the following:

1. how do I know where to walk safely

.....

2. i rest to keep my body healthy

.....

8 Write a paragraph of THREE (3) sentences using the words below:

“A helpful person”

(helped – gave – cared)

.....

.....

.....

.....

GOOD LUCK

(A) Listening

نصوص الاستماع بجزء الإجابات

1 Listen and write the missing letter(s):

1. — — ass 2. m — d — 3. b — — ns 4. ch — — se

(B) Reading

2 Choose the correct answer from a, b, or c:

1. We need to make sandwiches.
a. soda b. bread c. lollipops
2. To others means to make them want to do something good.
a. inspire b. support c. respect
3. your mother in the kitchen.
a. Don't help b. Help c. Helps
4. My brother has four
a. cats b. cat c. some cats
5. You should always follow the of the road.
a. stoves b. adults c. rules
6. We be careful when we cross the street.
a. mustn't b. are c. must

3 Read and complete with the words below:

seat belt – first aid – adult

Staying safe is important. We wear a ⁽¹⁾ in the car.
We call an ⁽²⁾ if something doesn't seem right. We must follow the rules to stay safe.

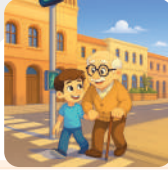
4 Look and rearrange the letters to make a word:

1



e t b e l a v s g e

2



l f p l u e h

3



m e r g e y n c e

5 Read the text and answer the questions:

Adam wakes up early every morning. He washes his face and brushes his teeth. For breakfast, he eats fruit and yogurt to be strong. Adam plays tennis with his friends in the park. He drinks a lot of water because it is healthy. His sister, Hana, eats her breakfast slowly. She likes eggs, bread, and milk.

(A) Choose the correct answer from a, b, or c:

1. The text is about Adam's and Hana's habits.
a. playing b. eating c. swimming
2. Adam plays with his friends in the park.
a. basketball b. football c. tennis

(B) Answer the following questions:

3. What is the opposite of the underlined word "healthy"?

.....

4. What does Hana like?

.....

(C) Writing

6 Reorder the words to make correct sentences:

1. street. – mustn't – the – You – near – run

.....

2. others – lives. – change – Helping – can

.....

7 Punctuate the following:

1. I learned that i must take care of myself

.....

2. what did the girl do

.....

8 Write a paragraph of THREE (3) sentences using the words below:

“An Egyptian athlete”

(famous – trained – won)

.....
.....
.....
.....

GOOD LUCK

(A) Listening

نصوص الاستماع بجزء الإجابات

1 Listen and write the missing letter(s):

1. — — ide 2. — — ab 3. — — uck 4. m — — t

(B) Reading

2 Choose the correct answer from a, b, or c:

1., open the book. Then, read the lesson.
a. Then b. One c. First
2. your toys on the floor!
a. Doesn't leave b. Don't leave c. Leaves
3. My favorite is chicken and rice.
a. meal b. menu c. medicine
4. Always be when you cross the street.
a. dangerous b. great c. careful
5. I need onion for the soup.
a. an b. a c. some
6. He is He can carry heavy things.
a. strong b. kind c. afraid

3 Read and complete with the words below:

dinner – menu – snack

This is my healthy plan. I eat breakfast at 8 a.m. I eat a (1)
in the afternoon. I eat (2) with my family.

4 Look and rearrange the letters to make a word:

1



w k l a

2



o e s t n h

3



l p o l i p s o l

5 Read the text and answer the questions:

Officer Sara is a brave policewoman in Giza. Every day, she works hard to keep the city safe. One day, she saw a little girl crying because she was lost. Officer Sara spoke to the girl kindly and held her hand. She helped the girl find her family. Everyone was very happy. We are grateful for police officers.

(A) Choose the correct answer from a, b, or c:

1. Officer Sara works in

a. Giza

b. Cairo

c. Alexandria

2. The underlined adjective "little" is the opposite of

a. small

b. big

c. short

(B) Answer the following questions:

3. How did Officer Sara help the little girl?

.....

4. What is the general idea of the text?

.....

(C) Writing

6 Reorder the words to make correct sentences:

1. swimming – easy. – He – look – makes

.....

2. water – drinks – She – hydrated. – to – stay

.....

7 Punctuate the following:

1. Tia and sally are friends

.....

2. who usually eats pizza and fries

.....

8 Write a paragraph of THREE (3) sentences using the words below:

“Staying safe at home”

(follow – toys – emergency)

.....
.....
.....
.....

GOOD LUCK

Test 1 Answers

(A) Listening

Listening Script:

1. hop 2. eat 3. trap 4. kite

1 Listen and write the missing letter(s):

1. hop 2. eat 3. trap 4. kite

(B) Reading

2 Choose the correct answer from a, b, or c:

1. (b) 2. (a) 3. (c) 4. (a)
5. (b) 6. (c)

3 Read and complete with the words below:

1. helmets 2. talk

4 Look and rearrange the letters to make a word:

1. support 2. chips 3. street

5 Read the text and answer the questions:

(A) Choose the correct answer from a, b, or c:

1. (c) 2. (a)

(B) Answer the following questions:

3. Feryal Ashraf did karate.
4. Feryal Ashraf thanked everyone because they helped her win the gold medal for Egypt.

(C) Writing

6 Reorder the words to make correct sentences:

1. Omar loved eating snacks like chips.
2. Mom, there's smoke in the kitchen!

7 Punctuate the following:

1. Cake is not good for your body.
2. Do you really rescue lives?

8 Write a paragraph of THREE (3) sentences using the words below:

- I **rest** to keep my body healthy. I **wash** my hands before I eat.
- I take **medicine** when I am sick.

Test 2 Answers

(A) Listening

Listening Script:

1. step 2. mad 3. hope 4. sweet

1 Listen and write the missing letter(s):

1. step 2. mad 3. hope 4. sweet

(B) Reading

2 Choose the correct answer from a, b, or c:

1. (c) 2. (a) 3. (c) 4. (c)
5. (a) 6. (a)

3 Read and complete with the words below:

1. food 2. supports

4 Look and rearrange the letters to make a word:

1. medal 2. helmet 3. cookies

5 Read the text and answer the questions:

(A) Choose the correct answer from a, b, or c:

1. (a) 2. (b)

(B) Answer the following questions:

3. The text talks about Sama and her father crossing a busy street safely.
4. Sama and her father walked carefully on the road when the light changed to green.

(C) Writing

6 Reorder the words to make correct sentences:

1. Maya likes to play every day.
2. Khaled jumped into the fire truck.

7 Punctuate the following:

1. What do you usually eat for breakfast?
2. Always be careful when you play.

8 Write a paragraph of THREE (3) sentences using the words below:

- The **policeman** keeps us safe. **First aid** helps injured people. The **ambulance** takes sick people to the hospital.

Test 3 Answers

(A) Listening

Listening Script:

1. kit 2. grow 3. green 4. slow

1 Listen and write the missing letter(s):

1. kit 2. grow 3. green 4. slow

(B) Reading

2 Choose the correct answer from a, b, or c:

1. (c) 2. (b) 3. (a) 4. (b)
5. (a) 6. (b)

3 Read and complete with the words below:

1. Meat 2. vitamins

4 Look and rearrange the letters to make a word:

1. exercise 2. brave 3. stranger

5 Read the text and answer the questions:

(A) Choose the correct answer from a, b, or c:

1. (c) 2. (c)

(B) Answer the following questions:

3. The main idea of the text is about Doctor Ali's job, helping sick people at the hospital.

4. Doctor Ali is a hero because he rescues lives every day.

(C) Writing

6 Reorder the words to make correct sentences:

1. I eat yogurt with honey.

2. Do you think he is a hero?

7 Punctuate the following:

1. How do I know where to walk safely?

2. I rest to keep my body healthy.

8 Write a paragraph of THREE (3) sentences using the words below:

- Dad **helped** a lot of people in hard times. He **gave** them food.
He **cared** about sick people.

Test 4 Answers

(A) Listening

Listening Script:

1. grass 2. made 3. beans 4. cheese

1 Listen and write the missing letter(s):

1. grass 2. made 3. beans 4. cheese

(B) Reading

2 Choose the correct answer from a, b, or c:

1. (b) 2. (a) 3. (b) 4. (a)
5. (c) 6. (c)

3 Read and complete with the words below:

1. seat belt 2. adult

4 Look and rearrange the letters to make a word:

1. vegetables 2. helpful 3. emergency

5 Read the text and answer the questions:

(A) Choose the correct answer from a, b, or c:

1. (b) 2. (c)

(B) Answer the following questions:

3. The opposite of the underlined word "healthy" is unhealthy.

4. Hana likes eggs, bread, and milk.

(C) Writing

6 Reorder the words to make correct sentences:

1. You mustn't run near the street.
2. Helping others can change lives.

7 Punctuate the following:

1. I learned that I must take care of myself.
2. What did the girl do?

8 Write a paragraph of THREE (3) sentences using the words below:

- Feryal Ashraf is a **famous** Egyptian athlete. She **trained** hard every day. She **won** a gold medal for Egypt.

Test 5 Answers

(A) Listening

Listening Script:

1. slide 2. grab 3. truck 4. meat

1 Listen and write the missing letter(s):

1. slide 2. grab 3. truck 4. meat

(B) Reading

2 Choose the correct answer from a, b, or c:

1. (c) 2. (b) 3. (a) 4. (c)
5. (a) 6. (a)

3 Read and complete with the words below:

1. snack 2. dinner

4 Look and rearrange the letters to make a word:

1. walk 2. honest 3. lollipops

5 Read the text and answer the questions:

(A) Choose the correct answer from a, b, or c:

1. (a) 2. (b)

(B) Answer the following questions:

3. Officer Sara spoke to the girl kindly, held her hand, and helped her find her family.
4. The general idea of the text is about how Officer Sara helps people and keeps the city safe.

(C) Writing

6 Reorder the words to make correct sentences:

1. He makes swimming look easy.
2. She drinks water to stay hydrated.

7 Punctuate the following:

1. Tia and Sally are friends.
2. Who usually eats pizza and fries?

8 Write a paragraph of THREE (3) sentences using the words below:

- I follow rules at home to stay safe. I put my toys in a box. In an emergency, I call for help.

حمل الآن

مجاناً وحصرياً

المراجعة رقم (7)

اختبار شهر مارس



Primary 3 revision

1. Choose the correct answer from a, b, or c:

1. We must follow the to stay safe at home.
a) rules b) games c) toys
2. I made a healthy sandwich by
a) himself b) myself c) herself
3. Don't across the road.
a) runs b) running c) run
4. You wear a helmet when you ride a bike.
a) mustn't b) must c) shouldn't
5. She taught to play the guitar.
a) herself b) himself c) yourself
6. Too much is bad for your body.
a) water b) fruit c) sugar
7. A is someone who does something brave.
a) hero b) doctor c) teacher
8. The kids made the salad
a) ourselves b) themselves c) yourself
9. We use a in the car to stay safe.
a) helmet b) seat belt c) sign
10. Rice gives us to play and learn.
a) energy b) sleep c) water
11. First, he put on his uniform., he went to school.
a) But b) Then c) Because
12. You talk to strangers in the street.
a) must b) mustn't c) can
13. Water helps our body well.
a) work b) works c) working
14. Please be when you cross the street.
a) dangerous b) careful c) hurt
15. I wash my hands I eat.
a) after b) before c) then
16. The cat cleans with its tongue.
a) itself b) himself c) herself
17. In an, you should call 122.
a) rule b) emergency c) energy
18. We eat to get protein for our muscles.
a) cake b) meat c) soda

19. He is because he helps people in trouble.
a) brave b) lazy c) weak
20. touch the hot stove!
a) Not b) No c) Don't
21. He looks at in the mirror.
a) himself b) herself c) itself
22. You wear your seat belt in the car.
a) mustn't b) must c) shouldn't
23. your toys in the box so no one falls.
a) Put b) Puts c) Putting
24. Eating fruits and vegetables helps us fight
a) energy b) sickness c) health
25. My sister cleans her room by
a) himself b) myself c) herself
26. leave your book on the floor.
a) Don't b) Not c) No
27. A helps injured people and takes them to the hospital.
a) policeman b) teacher c) ambulance
28. You run across the road.
a) must b) mustn't c) can
29. We built the tent
a) ourselves b) themselves c) yourself
30. The policeman keeps us
a) dangerous b) hurt c) safe
31. your hands before you eat.
a) Wash b) Washes c) Washing
32. Bread is rich in
a) fats b) protein c) carbohydrates
33. Omar followed the and ate healthy food.
a) advice b) sweets c) soda
34. They made the salad
a) ourselves b) themselves c) yourselves
35. The fire alarm rang
a) loudly b) quiet c) slowly
36. You stay calm in an emergency.
a) mustn't b) must c) shouldn't
37. touch the hot stove.
a) Don't b) Doesn't c) Not
38. Yogurt and cheese give us
a) sugar b) calcium c) soda

39. She taught how to swim.
a) himself b) herself c) itself
40. Always look both ways before you the street.
a) cross b) stops c) waits
41. You listen to your teacher.
a) mustn't b) must c) can't
42. be kind to your friends.
a) Is b) Be c) Being
43. Fish helps our grow.
a) bones b) brains c) hair
44. The cat cleaned after eating.
a) himself b) herself c) itself
45. A brave firefighter into the fire to save people.
a) jumps b) jumping c) jump
46. You talk to strangers.
a) must b) mustn't c) should
47. run in the house.
a) Don't b) No c) Not
48. Chicken and nuts help me stay
a) weak b) strong c) sick
49. I made this cake all by
a) herself b) himself c) myself
50. In an emergency, you must call
a) 122 b) 180 c) 190
51. You brush your teeth every day.
a) mustn't b) must c) can't
52. stop at the red light.
a) Stop b) Stops c) Stopping
53. Nuts are a good source of
a) sugar b) fats c) water
54. You should take care of, Ali.
a) yourself b) himself c) herself
55. A hero problems well.
a) solves b) solve c) solving
56. You leave your toys on the floor.
a) must b) mustn't c) should
57. carefully across the road.
a) Walk b) Walks c) Walking
58. Too much is bad for your body.
a) water b) fruit c) sugar
59. We enjoy at the party.
a) ourselves b) themselves c) yourself

60. A shows courage in hard times.
a) brave b) lazy c) weak
61. You wait for the green light.
a) mustn't b) must c) can't
62. your helmet when you ride a bike.
a) Wear b) Wears c) Wearing
63. Rice and pasta give us
a) protein b) energy c) vitamins
64. The kids can dress
a) themselves b) ourselves c) yourself
65. Khaled climbed the to save the cat.
a) stove b) ladder c) car
66. You shout in the library.
a) must b) mustn't c) can
67. at the big red stop sign.
a) Stop b) Stops c) Stopping
68. Milk is good for our
a) hair b) bones c) eyes
69. I can make a sandwich by
a) myself b) himself c) yourself
70. First, he put on his uniform., he went to work.
a) But b) Then c) Because
71. You eat too much candy.
a) must b) mustn't c) can
72. your hands before eating.
a) Wash b) Washes c) Washing
73. Vegetables give us to fight sickness.
a) fats b) vitamins c) sugar
74. The girl taught how to play the piano.
a) himself b) herself c) itself
75. A does something special or brave.
a) hero b) stranger c) doctor
76. You follow the rules to stay safe.
a) mustn't b) must c) shouldn't
77. touch the hot cup of tea.
a) Don't b) No c) Not
78. Healthy food helps our bodies stay
a) sick b) strong c) weak
79. You should take care of, girls.
a) yourself b) yourselves c) ourselves
80. An ambulance takes people to the hospital.
a) happy b) sick c) brave

81. You call 122 in an emergency.
a) mustn't b) must c) shouldn't
82. for the green light before crossing.
a) Wait b) Waits c) Waiting
83. Cheese is rich in
a) sugar b) calcium c) soda
84. He answers the questions by
a) myself b) himself c) herself
85. The swimmer was very and saved the girl.
a) brave b) lazy c) weak
86. You drink water every day to stay healthy.
a) mustn't b) must c) can't
87. eat fast food every day.
a) Don't b) No c) Not
88. Soda has too much
a) protein b) sugar c) vitamins
89. We can count nouns like apples and carrots.
a) uncountable b) countable c) some
90. Being means you show care to others.
a) kind b) smart c) strong
91. You leave anything on the floor.
a) must b) mustn't c) should
92. your room every day.
a) Clean b) Cleans c) Cleaning
93. Fruits give us
a) vitamins b) fats c) salt
94. The bird cleaned in the water.
a) himself b) herself c) itself
95. A smart person problems well.
a) solves b) solve c) solving
96. You wash your hands before eating.
a) mustn't b) must c) can't
97. help for in an emergency.
a) Call b) Calls c) Calling
98. Fats are found in
a) nuts b) water c) rice
99. My mother washes and smiles.
a) himself b) herself c) myself
100. Always the traffic signs.
a) follow b) follows c) following
101. You wear a helmet on a bike.

- a) mustn't b) must c) shouldn't
102. jump on the chair.
a) Don't b) No c) Not
103. Protein is good for our
a) muscles b) hair c) teeth
104. We can see in the mirror.
a) ourselves b) themselves c) yourself
105. Kindness means being to others.
a) nice b) mean c) brave
106. You talk to people you don't know.
a) must b) mustn't c) can
107. your seat belt in the car.
a) Wear b) Wears c) Wearing
108. Sugar gives us energy.
a) slow b) quick c) no
109. She dresses every morning.
a) himself b) herself c) myself
110. A hero is someone who is
a) strong b) weak c) lazy
111. You keep your house safe.
a) mustn't b) must c) shouldn't
112. run near the street.
a) Don't b) No c) Not
113. Calcium helps our
a) teeth b) eyes c) hair
114. The children can help
a) themselves b) ourselves c) yourself
115. Khaled is a brave
a) firefighter b) teacher c) doctor
116. You stay calm when there is a fire.
a) mustn't b) must c) can't
117. both ways before you cross.
a) Look b) Looks c) Looking
118. Meat and fish give us
a) protein b) sugar c) fats
119. I am teaching how to cook.
a) myself b) himself c) herself
120. Helping others is a great
a) honor b) problem c) rule
121. You leave your toys on the stairs.
a) must b) mustn't c) should
122. careful when you play.
a) Be b) Is c) Are
123. Carbohydrates are in

- a) bread b)meat c)water
124. The cat is cleaning
a) itself b)himself c)herself
125. A hero shows in hard times.
a) courage b)fear c)sleep
126. You call for help in an emergency.
a) mustn't b)must c)can't
127. to strangers in the street.
a) Don't talk b)Talk c)Talks
128. Water keeps us
a) healthy b)sick c)tired
129. We can see in the water.
a) ourselves b)themselves c)yourself
130. A smart boy his problems.
a) solves b)solve c)solving
131. You follow safety rules.
a) mustn't b)must c)shouldn't
132. your books on the shelf.
a) Put b)Puts c)Putting
133. Healthy food helps us
a) grow b)sleep c)fall
134. She is looking at in the glass.
a) herself b)himself c)myself
135. Brave people are not
a) scared b)nice c)strong
136. You touch hot things.
a) must b)mustn't c)can
137. across the road at the crosswalk.
a) Cross b)Crosses c)Crossing
138. Milk helps our bones stay
a) strong b)weak c)soft
139. I can do my homework by
a) myself b)himself c)yourself
140. First, call for help., stay safe.
a) Then b)But c)Because
141. You wear a seat belt.
a) must b)mustn't c)shouldn't
142. play with matches.
a) Don't b)No c)Not
143. Fruit is a snack.
a) healthy b)bad c)salty
144. He is washing hands.
a) his b)himself c)him
145. A hero is a person.

- a) brave b)lazy c)mean
146. You stay in bed when you are sick.
a) must b)mustn't c)can't
147. after the green light.
a) Go b)Goes c)Going
148. Eating healthy food is for you.
a) good b)bad c)sad
149. We made this poster by
a) ourselves b)themselves c)yourself
150. Always stay in the street.
a) safe b)dangerous c)hurt

2. Read and complete with the words below

1. (play — park — friends)

I go to the (1)..... every Friday. I meet my (2)..... there and we have fun together.

2. (rules — safe — play)

We have (1)..... at home to keep us (2)..... We must not leave toys on the floor.

3. (energy — healthy — sugar)

Food gives us (1)..... to grow. We should eat (2)..... food like fruit and vegetables.

4. (strong — hero — kind)

My father is a (1)..... He is very (2)..... and he helps everyone in our street.

5. (helmet — bike — street)

I wear a (1)..... when I ride my (2)..... This keeps me safe.

6. (myself — breakfast — yogurt)

I make (1)..... for (2)..... every morning. I like to eat yogurt with honey.

7. (cross — signs — car)

Always follow the traffic (1)..... You must look both ways before you (2)..... the street.

8. (medicine – sick – healthy)

When I am (1), I stay in bed. I take
(2)..... to feel better.

9. (teeth – sweets – bad)

Eating too many (1)..... is
(2)..... for your teeth. You should eat
fruit instead.

10. (brave – first – then)

(1), the firefighter put on his helmet.
(2), he saved the girl. He is very
brave.

11. (clean – room – floor)

I (1)..... my (2)..... every day. I
don't leave my books on the floor.

12. (bones – milk – soda)

(1)..... is good for your (2)
You should drink it every day.

13. (hurt – careful – dangerous)

Don't run in the house. You might get (1)
..... Be (2)..... to stay safe.

14. (hands – wash – eat)

I (1)..... my (2)..... with soap. I
do this before I eat my lunch.

15. (protein – meat – fats)

(1)..... gives us (2) It helps
our bodies grow strong.

16. (strangers – talk – safe)

Don't (1)..... to (2)..... in the
street. This helps you stay (3)

17. (smart – problems – help)

My brother is (1) He solves
(2)..... very well at school.

18. (soup – hungry – menu)

When I am (1), I eat some (2)
..... It is a healthy snack.

19. (ambulance – hospital – sick)

The (1)..... takes (2)..... people
to the hospital.

20. (emergency – call – calm)

In an (1), you must stay (2)
..... Call for help immediately.

21. (strong – protein – milk)

Eggs and meat give us (1) They help
our muscles grow and make our bodies (2)
.....

22. (vegetables – fruit – sugar)

Healthy snacks are better for you. You should eat
(1)..... and (2)..... to get
vitamins.

23. (danger – safe – help)

Firefighters are very brave people. They help us
when there is (1)..... and keep everyone
(2)

24. (cross – look – green)

Wait for the green light at the road.
(1)..... both ways and then
(2)..... the street carefully.

25. (myself – breakfast – yogurt)

I can make my own food. I make (1).....
for (2)..... every day before school.

26. (bones – milk – soda)

Drinking (1)..... is a very healthy habit. It
gives you calcium for your (2)

27. (emergency – calm – fast)

Don't panic if there is a problem. You must stay
(1)..... in an (2)..... to think
clearly.

28. (water – healthy – energy)

Drinking (1)..... is very important for your body. It helps you stay (2)..... and work well.

29. (strangers – talk – friends)

Safety in the street is important. Never (1)..... to (2)..... when you are walking alone.

30. (first – then – after)

I have a routine after school. (1), I do my homework, and (2)..... I play games.

31. (helmet – bike – car)

I like to ride my (1)..... in the park. I always wear a (2)..... to protect my head.

32. (solve – problems – smart)

A (1)..... person thinks carefully. They can (2)..... many difficult problems at school.

33. (hands – wash – eat)

Hygiene keeps us from getting sick. (1)..... your (2)..... with soap before you touch food.

34. (brave – hero – scared)

My uncle is a famous (1) He is very (2)..... and saves people from fires.

35. (toys – floor – safe)

Don't leave your (1)..... on the stairs. Keep the (2)..... clean so no one falls down.

36. (bread – energy – meat)

Carbohydrates are found in (1)..... and rice. They give us (2)..... to run and play.

37. (stove – hot – kitchen)

Be careful in the (1) Never touch the (2)..... stove because it can hurt you.

38. (careful – cross – dangerous)

The road can be very (1) You must be (2)..... when you walk near cars.

39. (himself – clean – room)

My brother is very organized. He can (1)..... his (2)..... by himself every Saturday.

40. (call – ambulance – 122)

If someone is very sick, you must (1)..... for help. The (2)..... takes them to hospital.

41. (themselves – kids – help)

The (1)..... are very helpful today. They can tidy the classroom by (2)

42. (rules – safe – play)

We must follow the home (1) These instructions keep us (2)..... from any accidents.

43. (sick – medicine – healthy)

I feel very (1)..... today. My mother gives me (2)..... to help me feel better.

44. (kinds – vitamins – fats)

Fruit and vegetables have many (1) These (2)..... of food are great for your skin.

45. (courage – brave – hero)

A (1)..... is a special person. They show a lot of (2)..... when things are difficult.

46. (energy – sugar – bad)

Too much (1)..... in soda is not good. It is (2)..... for your heart and teeth.

47. (signs – road – look)

Follow the (1)..... in the street.
(2)..... at the traffic lights before you walk.

48. (herself – lunch – sandwich)

Mona is a big girl now. She can make
(1)..... for (2)..... every afternoon.

49. (kind – helps – smart)

Being (1)..... is very important. A good friend (2)..... other people when they are sad.

50. (fats – nuts – water)

Healthy (1)..... are good for your brain.
You can find them in (2)..... and olive oil.

51. (rest – body – sleep)

Your (1)..... needs to (2)..... every night. You should (3)..... for eight hours.

52. (emergency – 180 – call)

If you see a fire, you must (1)..... the fire department. Their number is (2)

53. (seat belt – safe – car)

Always wear your (1)..... in the (2) This simple rule keeps you safe.

54. (protein – strong – fish)

(1)..... is a very healthy food. It has (2)..... to help our muscles stay strong.

55. (itself – cat – clean)

The (1)..... is very neat. It can (2)..... itself using its tongue every day.

56. (calm – think – problem)

Stay (1)..... during a test. It helps you (2)..... and find the right answers.

57. (sweets – teeth – fruit)

Eating too many (1)..... causes pain. You should brush your (2)..... every morning.

58. (wait – green – cross)

Don't (1)..... the road when the light is red. You must (2)..... for the green light.

59. (myself – breakfast – yogurt)

I like (1)..... for my (2) I can prepare it by myself easily.

60. (solve – smart – help)

Teachers are very (1) They (2)..... problems and help students learn.

61. (kitchen – hot – safe)

The (1)..... is not a place to play. Keep (2)..... and stay away from the stove.

62. (calcium – bones – milk)

(1)..... and cheese are very important. They give us (2)..... for strong bones.

63. (ourselves – park – play)

We go to the (1)..... on Fridays. We can (2)..... and have fun by ourselves.

64. (emergency – calm – fast)

In an (1), don't run. You must stay (2)..... and call an adult.

65. (brave – hero – weak)

Khaled is a (1)..... in our city. He is (2)..... because he saved a boy.

66. (vitamins – fruit – energy)

Eating (1)..... is better than candy. It has (2)..... to keep you healthy.

67. (road – helmet – safe)

Be (1)..... when you are on your bike. Never ride in the middle of the (2)

68. (hands – soap – wash)

Use (1)..... and water to stay clean.
Always (2)..... your hands before dinner.

69. (themselves – clean – kids)

The (1)..... are very good today. They
(2)..... the garden by themselves.

70. (heart – healthy – sugar)

A (1)..... diet is important. Don't eat too
much (2)..... or salt.

71. (first – then – after)

(1), I put on my shoes. (2)
....., I go to the club.

72. (strangers – talk – home)

Don't (1)..... to (2)..... at the
park. Stay near your parents.

73. (energy – bread – meat)

(1)..... and pasta are good for you. They
give you (2)..... to run fast.

74. (himself – lunch – sandwich)

Ali makes a (1)..... for (2)
He uses cheese and fresh tomatoes.

75. (kind – hero – brave)

My grandmother is very (1) She is a
(2)..... because she helps people.

3. Read the text and answer the questions

Passage 1

Ali is a smart boy. He knows how to stay safe at home. He never leaves his toys on the floor because someone might fall. When he is in the kitchen, he does not touch the hot stove. Ali always follows the rules to keep his family safe.

A) Choose the correct answer from a, b or c:

1. The text is mainly about
a) school b) safety c) food

2. Ali is a boy.

- a) brave b) kind c) smart

B) Answer the following questions:

3. Why does Ali put his toys away?
.....

4. What does Ali not touch in the kitchen?
.....

Passage 2

Healthy food gives our body energy. Meat and eggs give us protein to make us strong. Fruits and vegetables have vitamins to fight sickness. We should drink a lot of water every day. Too much sugar is bad for our heart and teeth.

A) Choose the correct answer from a, b or c:

1. What gives us protein?
a) soda b) meat c) bread
2. help us fight sickness.
a) Vitamins b) Fats c) Candies

B) Answer the following questions:

3. Why is sugar bad for us?
.....

4. What should we drink every day?
.....

Passage 3

Khaled is a brave firefighter. Last week, there was a big fire in a tall building. First, Khaled put on his heavy helmet and uniform. Then, he climbed a long ladder to save a small cat. Everyone shouted, "Thank you, Khaled!" He is a true hero.

A) Choose the correct answer from a, b or c:

1. Khaled is a
a) doctor b) firefighter c) teacher
2. Khaled saved a
a) girl b) boy c) cat

B) Answer the following questions:

3. What did Khaled wear first?
.....

4. Why is Khaled a hero?
.....

Passage 4

Lina was in the kitchen when she saw smoke. She felt scared but she stayed calm. She remembered the safety rule: "Call an adult in an emergency." She called her mother immediately. Her mother turned off the stove. Lina followed the rules and stayed safe.

A) Choose the correct answer from a, b or c:

1. Lina saw in the kitchen.

- a) water b) smoke c) food
 2. Lina felt at first.
 a) happy b) brave c) scared

B) Answer the following questions:

3. Who did Lina call for help?

 4. What was the safety rule Lina remembered?

Passage 5

Healthy food is very important for our bodies. We need to eat fruit and vegetables because they have vitamins. Meat and fish give us protein to make our muscles strong. We must not eat too many sweets or drink too much soda because they have a lot of sugar.

A) Choose the correct answer from a, b or c:

1. Fruit and vegetables have
 a) sugar b) vitamins c) fats
 2. Protein makes our muscles
 a) weak b) small c) strong

B) Answer the following questions:

3. Why is soda bad for us?

 4. What gives us protein?

Passage 6

Safety in the street is very important. You must follow the traffic signs to stay safe. Always look both ways before you cross the road. You should wait for the green light. Never run across the street and always wear a helmet when you ride your bike.

A) Choose the correct answer from a, b or c:

1. The text is about safety in the
 a) kitchen b) school c) street
 2. You should wait for the light.
 a) red b) green c) yellow

B) Answer the following questions:

3. What should you do before you cross the road?

 4. What must you wear when you ride a bike?

Passage 7

A hero is a person who does something brave to help others. My uncle is a firefighter. He is a hero. Last week, he saved a little girl from a fire. He stayed calm and used a long ladder. Everyone was happy because the girl was safe.

A) Choose the correct answer from a, b or c:

1. A hero is someone who is
 a) brave b) lazy c) sad
 2. The uncle used a to save the girl.
 a) car b) ladder c) rope

B) Answer the following questions:

3. What is the uncle's job?

 4. Why was everyone happy?

Passage 8

In an emergency, you must stay calm. If you see a fire, you should call 180. If someone is very sick, call 122 for an ambulance. Do not run or shout. It is important to know the emergency numbers to help your family and friends stay safe.

A) Choose the correct answer from a, b or c:

1. In an emergency, we must stay
 a) angry b) calm c) scared
 2. We call if we see a fire.
 a) 122 b) 180 c) 150

B) Answer the following questions:

3. Why should we know emergency numbers?

 4. What takes sick people to the hospital?

Passage 9

Lina loves to take care of herself. Every morning, she washes her hands and face. She brushes her teeth after breakfast. She makes a healthy lunch for herself. She puts an apple and a cheese sandwich in her lunchbox. Lina is a very healthy and clean girl.

A) Choose the correct answer from a, b or c:

1. Lina brushes her teeth breakfast.
 a) before b) after c) under
 2. Lina makes lunch for
 a) herself b) himself c) yourself

B) Answer the following questions:

3. What does Lina put in her lunchbox?

 4. When does Lina wash her hands and face?

Passage 10

Water is very healthy for our bodies. We should drink a lot of water every day. It helps our body work well. Water does not have sugar or fats. It is better than drinking soda. Drinking water keeps us hydrated and gives us energy to play and study.

A) Choose the correct answer from a, b or c:

1. Drinking water is better than
a) milk b) juice c) soda
2. Water helps our body well.
a) sleep b) work c) fall

B) Answer the following questions:

3. Does water have sugar?
.....
4. Why should we drink water every day?
.....

Passage 11

My friend Hany is very smart. He likes to solve problems. Yesterday, he saw a small cat stuck in a tree. He didn't climb the tree because it was dangerous. He called his father to help. Hany is kind and he knows how to be safe.

A) Choose the correct answer from a, b or c:

1. Hany is a boy.
a) smart b) weak c) bad
2. The cat was stuck in a
a) car b) house c) tree

B) Answer the following questions:

3. Why didn't Hany climb the tree?
.....
4. Who did Hany call for help?
.....

Passage 12

Milk and cheese are good for our bones and teeth. They give us calcium. We should have milk for breakfast every day. Yogurt is also a healthy snack. These foods help us grow tall and strong. Children need calcium to have healthy bodies.

A) Choose the correct answer from a, b or c:

1. Milk and cheese give us
a) vitamins b) calcium c) sugar
2. Calcium is good for our
a) hair b) bones c) eyes

B) Answer the following questions:

3. When should we drink milk?
.....
4. Why do children need calcium?
.....

Passage 13

There are many rules at school to keep students safe. Students must not run in the corridors. They should listen to their teachers. They must be kind to their friends. Following school rules helps everyone to learn and play in a happy and safe place.

A) Choose the correct answer from a, b or c:

1. Students must not in the corridors.
a) walk b) run c) talk
2. Following rules helps everyone feel
a) safe b) sad c) angry

B) Answer the following questions:

3. Who should students listen to?
.....
4. Why do we have rules at school?
.....

Passage 14

Amir wants to be a hero like his grandfather. His grandfather was a doctor. He helped many sick people feel better. He worked in a big hospital. Amir studies hard because he wants to help people too. Being a doctor needs a smart and kind person.

A) Choose the correct answer from a, b or c:

1. Amir's grandfather was a
a) teacher b) doctor c) firefighter
2. A doctor works in a
a) hospital b) school c) park

B) Answer the following questions:

3. Why does Amir study hard?
.....
4. What kind of person should a doctor be?
.....

Passage 15

We use different things to stay safe. In the car, we must wear a seat belt. On a bike, we must wear a helmet. When we go swimming, we should stay with an adult. These things protect our bodies and keep us away from danger.

A) Choose the correct answer from a, b or c:

1. We wear a in the car.
a) helmet b) seat belt c) hat
2. We must stay with an when we swim.
a) adult b) animal c) stranger

B) Answer the following questions:

3. Why do we use these things?
.....
4. What should we wear on a bike?
.....

Passage 16

Sara is in the kitchen with her mother. Her mother is cooking dinner. Sara wants to help, but she stays away from the hot stove. She helps by washing the vegetables. She uses soap and water to wash her hands first. Sara is a helpful and careful girl.

A) Choose the correct answer from a, b or c:

1. Sara and her mother are in the
a) bedroom b) bathroom c) kitchen
2. Sara stays away from the hot
a) fridge b) stove c) table

B) Answer the following questions:

3. How does Sara help her mother?
.....

4. What does Sara use to wash her hands?
.....

Passage 17

Nuts and seeds are very healthy. They give us healthy fats for our brains. They are a great snack to eat between meals. We should not eat too many salty nuts. It is better to eat them plain. They help us stay full and give us energy.

A) Choose the correct answer from a, b or c:

1. Nuts give us healthy fats for our
a) hair b) brains c) teeth
2. We should not eat too many nuts.
a) salty b) fresh c) sweet

B) Answer the following questions:

3. When can we eat nuts and seeds?
.....

4. Why are nuts a good snack?
.....

Passage 18

A policeman is a hero who keeps our city safe. He helps people cross the street and catches bad people. He wears a blue uniform. If you are lost in the street, you should look for a policeman. He will help you find your way home.

A) Choose the correct answer from a, b or c:

1. A policeman wears a uniform.
a) red b) blue c) green
2. If you are, a policeman can help you.
a) lost b) happy c) hungry

B) Answer the following questions:

3. What does a policeman do?
.....

4. Why is a policeman a hero?
.....

Passage 19

Breakfast is the most important meal of the day. It gives us energy to start our morning. We can eat beans, eggs, and bread. Some people like to eat cereal with milk. Eating a good breakfast helps us focus at school and feel strong.

A) Choose the correct answer from a, b or c:

1. Breakfast gives us to start the day.
a) sleep b) energy c) water
2. Eggs and beans are good for
a) dinner b) lunch c) breakfast

B) Answer the following questions:

3. How does a good breakfast help us at school?
.....

4. What can we eat for breakfast?
.....

Passage 20

Firefighters wear special clothes to protect them from fire. They wear heavy coats, boots, and helmets. They use a big red truck with a long hose to put out fires. They are very brave and strong. They save people and animals from dangerous buildings.

A) Choose the correct answer from a, b or c:

1. Firefighters use a to put out fires.
a) car b) hose c) bike
2. Their truck is
a) green b) yellow c) red

B) Answer the following questions:

3. What do firefighters wear?
.....

4. Why are firefighters brave?
.....

Passage 21

My name is Adam. I always keep my body healthy. Every morning, I drink a glass of milk to get calcium for my bones. I eat a boiled egg and some bread for breakfast. I don't like soda because it has too much sugar. Healthy habits make me feel strong and happy.

A) Choose the correct answer from a, b or c:

1. Adam drinks milk to get
a) sugar b) vitamins c) calcium
2. Adam doesn't like
a) bread b) soda c) eggs

B) Answer the following questions:

3. What does Adam eat for breakfast?
.....

4. Why is soda bad for Adam?
.....

Passage 22

Tarek is a brave boy. One day, he saw a small fire in the kitchen. He didn't run or shout. He stayed calm and called his father. His father used a fire

extinguisher to put out the fire. Tarek followed the safety rules and kept his home safe from danger.

A) Choose the correct answer from a, b or c:

1. Tarek saw a fire in the
a) bedroom b) kitchen c) garden
2. Tarek was very
a) brave b) lazy c) scared

B) Answer the following questions:

3. Who did Tarek call for help?
.....
4. What did the father use to put out the fire?
.....

Passage 23

Doctors and nurses are heroes. They work in hospitals to help sick people. They give them medicine to feel better. During emergencies, they work very hard. We should thank them because they take care of our health. Being a doctor needs a person who is smart and kind.

A) Choose the correct answer from a, b or c:

1. Doctors and nurses work in
a) schools b) hospitals c) parks
2. They give sick people
a) food b) toys c) medicine

B) Answer the following questions:

3. Why are doctors and nurses heroes?
.....
4. What kind of person should a doctor be?
.....

Passage 24

Safety at home is very important for children. You must not play with matches or knives. Stay away from the hot stove in the kitchen. If you see a problem, tell an adult immediately. Following these simple rules keeps you and your family safe from getting hurt.

A) Choose the correct answer from a, b or c:

1. You must not play with
a) dolls b) matches c) balls
2. If there is a problem, tell an
a) adult b) stranger c) baby

B) Answer the following questions:

3. Where is the hot stove?
.....
4. Why should we follow home rules?
.....

Passage 25

Protein is very important for our bodies. We can find protein in meat, fish, and eggs. It helps our muscles grow and stay strong. We should also eat beans and nuts. Eating enough protein helps us play sports and move easily. A healthy body needs a balanced diet every day.

A) Choose the correct answer from a, b or c:

1. We find protein in
a) bread b) meat c) fruit
2. Protein helps our grow.
a) hair b) bones c) muscles

B) Answer the following questions:

3. Mention two foods that have protein.
.....
4. Why is protein important for sports?
.....

Passage 26

My brother Ali is very smart. He likes to read books about heroes. He wants to be a policeman when he grows up. He wants to help people and keep the city safe. Ali studies hard and exercises every day to stay strong. He believes that helping others is a great thing.

A) Choose the correct answer from a, b or c:

1. Ali wants to be a
a) doctor b) policeman c) teacher
2. Ali reads books about
a) heroes b) animals c) food

B) Answer the following questions:

3. Why does Ali want to be a policeman?
.....
4. What does Ali do to stay strong?
.....

Passage 27

Fruits are delicious and healthy. They have many vitamins that protect us from sickness. Apples, oranges, and bananas are great snacks. It is better to eat a piece of fruit than to eat candy. Fruits give us natural sugar and energy to play and study.

A) Choose the correct answer from a, b or c:

1. Fruits protect us from
a) energy b) sickness c) health
2. Fruits give us natural
a) sugar b) salt c) fats

B) Answer the following questions:

3. Name three kinds of fruit mentioned in the text.
.....
4. Why is fruit better than candy?
.....

Passage 28

When you ride a bike, you must stay safe. Always wear a helmet to protect your head. Ride your bike in safe places like the park. Don't ride in the middle of the street where there are many cars. Be careful and follow the signs to have a fun time.

A) Choose the correct answer from a, b or c:

1. A helmet protects your
a) hands b) head c) legs
2. You should ride your bike in the
a) park b) street c) kitchen

B) Answer the following questions:

3. Why shouldn't you ride in the middle of the street?

4. What should you follow to be safe?

Passage 29

Healthy fats are good for our brains. We can find them in olive oil and nuts. They help us think and remember things well. We should not eat too many unhealthy fats like fried chips. Eating a small amount of nuts every day is a very good habit for school children.

A) Choose the correct answer from a, b or c:

1. Healthy fats are good for our
a) teeth b) brains c) hair
2. We find healthy fats in
a) soda b) candy c) nuts

B) Answer the following questions:

3. How do healthy fats help us?

4. What is an example of unhealthy fats?

Passage 30

The school nurse is a very kind person. She helps students when they get hurt on the playground. She cleans the cut with water and soap. Then, she puts on a bandage. She tells the students to be careful and stay calm. She is a hero in our school.

A) Choose the correct answer from a, b or c:

1. The nurse helps students on the
a) classroom b) playground c) bus
2. She cleans the cut with soap and
a) milk b) juice c) water

B) Answer the following questions:

3. What does the nurse put on the cut?

4. What does the nurse tell the students?

4. Reorder the words to make correct sentences:

1. yourself - Take - of - care - stay - to - healthy
.....
2. follow - We - rules - stay - to - safe - must
.....
3. helmet - a - Wear - you - ride - when - bike - a
.....
4. sugar - Too - much - bad - for - is - you
.....
5. herself - taught - She - to - play - piano - the
.....
6. strangers - Don't - to - talk - in - street - the
.....
7. help - Water - our - work - body - well - to
.....
8. hero - A - someone - is - who - brave - is
.....
9. energy - Food - gives - to - us - play - and
.....
10. medicine - Take - when - you - sick - feel - are
.....
11. bones - Milk - is - very - good - our - for
.....
12. emergency - Call - 122 - in - an - please - fast
.....
13. signs - Follow - the - traffic - to - safe - stay
.....
14. stove - Don't - touch - hot - the - kitchen - in
.....
15. calm - Stay - when - there - a - is - problem
.....
16. seat belt - Use - a - the - in - car - always
.....
17. breakfast - I - eat - a healthy - morning - every
.....
18. firefighter - The - people - saves - from - fires
.....
19. floor - Leave - don't - toys - on - the - please
.....

20. myself - I - can - make - a - sandwich - healthy
.....

21. dangerous - It - is - to - with - play - matches
.....

22. help - My - father - a - is - hero - because - he
.....

23. green - Wait - for - the - light - to - cross
.....

24. teeth - Brush - your - after - every - meal - day
.....

25. itself - The - cat - cleans - after - eating - food
.....

26. emergency - knows - He - the - number - well
.....

27. healthy - Fats - are - good - for - brain - our
.....

28. corridor - Don't - run - in - the - at - school
.....

29. nurse - The - is - very - kind - at - hospital
.....

30. Carbohydrates - us - give - energy
.....

31. Wash - your - in - the - morning - face
.....

32. brave - Policemen - are - and - keep - city - safe
.....
road - Never - play - near - the - busy - street
.....

33. water - Drink - a - lot - of - every - day
.....

34. solve - A - hero - can - difficult - problems
.....

35. yourself - Do - your - homework - by - please
.....

36. kitchen - stay - careful - in - the - always - be
.....

37. muscles - Protein - helps - us - grow - strong
.....

38. adult - Tell - an - if - there - a - problem - is
.....

39. seat - Sit - on - your - in - the - car
.....

40. healthy - Eating - fruit - is - a - good - habit
.....

41. ladder - Use - a - long - to - climb - up
.....

42. sweets - Don't - eat - too - many - at - night
.....

43. smart - She - is - and - gets - full - marks
.....

44. milk - drink - for - I - breakfast - healthy
.....

45. fire - 180 - Call - there - if - a - is
46.

47. bones - Calcium - makes - our - very - strong
.....

48. energy - Carbohydrates - play - to - us - give
.....

49. emergency - Stay - during - an - calm - always
.....

50. medicine - take - Don't - without - an - adult
.....

51. water - helps - our - body - work - Drinking
.....

52. first - First - aid - he - used - the - kit
.....

53. kind - Be - help - and - friends - your
.....

54. sugar - Soda - has - much - too - for - heart
.....

55. herself - She - dresses - every - morning - early
.....

56. yogurt - Honey - and - are - healthy - snacks
.....

57. Doctors - work - to - help - hard - people
.....

58. ambulance - number - is - 122 - The - for - help
.....

59. courage - A - shows - hero - lot - of - brave
.....

60. healthy - Eating - helps - us - grow - well
.....

61. kitchen - Don't - play - the - in - alone
.....

62. helmet - Protect - head - your - with - a
.....
.....

حمل الآن

مجانا وحصريا

اختبارات

اختبار شهر مارس



Grade 3 March 2026 test model 1

1. Choose the correct answer from a, b, c or d

3 M

1. I to keep my body healthy.

a) exercise

b) clean

c) stay

2. To stay safe, you follow the rules.

a) must

b) mustn't

c) is

3. A is someone who does something special, good, or brave.

a) hero

b) strong

c) smart

2. Reorder the following words to make sentences:

3 M

1. strangers.- talk - to -Don't

2. when - you - play. - careful - Be

3. is - He - strong - a - swimmer.

3. Punctuate the following

4 M

1. omar ate healthy food

2. where are they going



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 2

1. Choose the correct answer from a, b, c or d

3 M

1. Khaled is a brave He puts out the fire.

a) firefighter b) doctor c) teacher

2. You talk to strangers.

a) are b) must c) mustn't

3. I stay in bed when I am

a) clean b) sick c) medicine

2. Reorder the following words to make sentences:

3 M

1. protein. – us – gives – Meat2. he – First – saw – fire. – the3. healthy. – us – keeps – Water

3. Punctuate the following

4 M

1. seleem wakes up early

2. what did you wait for



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 3

1. Choose the correct answer from a, b, c or d

3 M

1. You wear a helmet when you ride a bike.

a) must

b) mustn't

c) am

2. I take when I am sick.

a) rest

b) clean

c) medicine

3. A is a person who shows others what to do.

a) leader

b) player

c) footballer

2. Reorder the following words to make sentences:

3 M

1. police officer – wears – uniform. – a – The

2. eat – fruits – I – everyday

3. Sama - for – waits - light.- green - the

3. Punctuate the following

4 M

1. fish helps our brains grow

2. don't touch fire



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 4

1. Choose the correct answer from a, b, c or d

3 M

1. A is someone you do not know.

a) policeman b) stranger c) hero

2. Youssef eats apple.

a) a b) an c) and

3. What is the of the story?

a) moral b) wash c) sick

2. Reorder the following words to make sentences:

3 M

1. stay – You – must – safe2. Feryal – famous – Egyptian – is – athlete. – a3. gives – us – Food – energy – to – play.

3. Punctuate the following

4 M

1. lollipops are just sugar

2. what did Tia and Sally talk about



ذاكر انجليزى مع مشمش وزيزو

10

Grade 3 March 2026 test model 5

1. Choose the correct answer from a, b, c or d

3 M

1. The takes sick or injured people to the hospital.

a) sign

b) ambulance

c) street

2. I eat with honey.

a) yogurt

b) meal

c) lunch

3. Tala exercises by

a) himself

b) herself

c) themselves

2. Reorder the following words to make sentences:

3 M

1. Wear - the - car- in - seat - belt-the2. gold - medal. - She - won - a3. vegetables. - must - We - eat

3. Punctuate the following

4 M

1. where was Ali playing

2. heba helped many people in Egypt



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 7

1. Choose the correct answer from a, b, c or d

3 M

1. She always about others.

a) drives

b) eats

c) cares

2. You run near the street.

a) must

b) mustn't

c) are

3. Lunch is my favorite

a) breakfast

b) meal

c) dinner

2. Reorder the following words to make sentences:

3 M

1. the- book - leave - here.- Don't2. are – not – healthy – snacks. – Cookies3. had – a good – day. – Heba

3. Punctuate the following

4 M

1. Officer asmaa is a policewoman in Cairo

2. who helped to stop the fire



ذاكر انجليزى مع ممش ويزو

Grade 3 March 2026 test model 8

1. Choose the correct answer from a, b, c or d

3 M

1. You brush your teeth every day.

a) must

b) mustn't

c) am

2. Being means showing courage in hard times.

a) beautiful

b) kind

c) brave

3. The athlete won a gold

a) train

b) medal

c) respect

2. Reorder the following words to make sentences:

3 M

1. Saturday – is – event – The – on2. We – cake – eat – in – my – party. – birthday3. policeman - The - keeps- safe.- us

3. Punctuate the following

4 M

1. what does safety mean

2. food gives us energy



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 9

1. Choose the correct answer from a, b, c or d

3 M

1. I breakfast at 7 a.m.

a) eat

b) wash

c) drink

2. means telling the truth.

a) Honest

b) Courage

c) Support

3. You wash your hands before eating.

a) is

b) mustn't

c) must

2. Reorder the following words to make sentences:

3 M

1. enjoys – bread. – and – cheese – She2. stayed - calm – Lina - home.- at3. is - Karma – an - athlete

3. Punctuate the following

4 M

1. i helped my friend

2. what did Lina see on the stove



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 10

1. Choose the correct answer from a, b, c or d

3 M

1. Being means to do difficult things easily.

a) smart

b) strong

c) kind

2. They eat rice for lunch.

a) a

b) an

c) some

3. An runs fast in the race.

a) medal

b) athlete

c) event

2. Reorder the following words to make sentences:

3 M

1. Then, – sprayed – he – water. – the

2. so – I – have – much – energy.

3. call / help / must / for / You

3. Punctuate the following

4 M

1. why did Lina call her mother

2. i went to the museum



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 11

1. Choose the correct answer from a, b, c or d

3 M

1. I can make a sandwich by
 a) yourself b) myself c) himself
 2. You call an adult if something doesn't seem right.
 a) mustn't b) must c) are
 3. Salma eats egg for breakfast.
 a) a b) an c) some

2. Read and complete the text with the words below:

3 M

rules – dangerous – box

We have rules at home. You must put your toys in the You mustn't leave toys on the floor. We follow the to stay safe.

3. Punctuate the following

4 M

1. mazen likes to play every day

 2. What did Laila eat



ذاكر انجليزى مع مشمش وزيزو



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 12

1. Choose the correct answer from a, b, c or d

3 M

1. You listen to your teacher at school.
 a) mustn't b) must c) is
 2. I drink milk to stay healthy.
 a) a b) an c) some
 3. She looks at in the mirror.
 a) herself b) himself c) ourselves

2. Read and complete the text with the words below:

3 M

helmet – light - stranger

Sama is very careful in the street. She waits for the green before she crosses the road. She also wears a when she rides her bike.

3. Punctuate the following

4 M

1. did Lina stay safe

 2. eating unhealthy food is bad for you

Grade 3 March 2026 test model 13

1. Choose the correct answer from a, b, c or d

3 M

1. Maya has carrot in her bag.
 a) a b) an c) some
2. You touch a hot cup.
 a) must b) is c) mustn't
3. He dresses every morning.
 a) itself b) yourself c) himself

2. Read and complete the text with the words below:

3 M

emergency – seat belt – first aid

It is important to stay safe everywhere. In the car, you must wear your..... . If there is an....., stay calm and call 122 for help.

3. Punctuate the following

4 M

1. we enjoyed ourselves at the party
-

2. where do the go
-



ذاكر انجليزى مع مشمش وزيزو

شد حياك يا بطل

ربنا معاك



ذاكر انجليزى مع مشمش وزيزو

Grade 3 March 2026 test model 14

1. Choose the correct answer from a, b, c or d

3 M

1. They made a healthy salad
 a) themselves b) ourselves c) herself
2. Omar wants rice for lunch.
 a) a b) an c) some
3. You call 122 if there is an emergency.
 a) must b) mustn't c) are

2. Read and complete the text with the words below:

3 M

follow – strangers – safe

Tia and Sally are friends and they stay safe. They know they mustn't talk to in the street. You must the rules to stay safe.

3. Punctuate the following

4 M

1. what did you eat
-

2. tala is a friendly girl
-

Grade 3 March 2026 test model 15

1. Choose the correct answer from a, b, c or d

3 M

1. Can I have water, please?

a) a b) an c) some

2. You stay calm in an emergency.

a) are b) must c) mustn't

3. The cat cleans after eating.

a) himself b) herself c) itself

2. Read and complete the text with the words below:

3 M

fruits – washes - plays

Youssef wakes up early. He himself and smiles. He helps his mom in the kitchen.

Youssef eats and vegetables.

3. Punctuate the following

4 M

1. meat gives us protein

2. do you eat apples



ذاكر انجليزى مع مشمش وزيزو

شد حيلك يا بطل



ذاكر انجليزى مع مشمش وزيزو

ربنا معاك

Grade 3 March 2026 test model 16

1. Choose the correct answer from a, b, c or d

3 M

1. You wear a seat belt in the car.

a) must b) mustn't c) am

2. I wash every morning to stay clean.

a) himself b) herself c) myself

3. Leila enjoys soup in the evening.

a) a b) an c) some

2. Read and complete the text with the words below:

3 M

strong – vitamins - tired

Meat gives our body protein to make us Fruits and vegetables give us

..... to keep us healthy. They also help us fight sickness.

3. Punctuate the following

4 M

1. do you work with others

2. Officer asmaa is a policewoman

Grade 3 March 2026 test model 17

1. Choose the correct answer from a, b, c or d

3 M

1. Youssef eats apple.
 a) a b) an c) and
2. You leave your toys on the floor.
 a) must b) are c) mustn't
3. We built the tent
 a) yourselves b) ourselves c) myself

2. Read and complete the text with the words below:

3 M

happy – meat - milk

I eat an apple and drink some in the morning. For lunch, I have some rice and some salad. For a snack, I have yogurt. I feel strong and

3. Punctuate the following

4 M

1. food gives us energy

2. how do you do that



ذاكر انجليزي مع ممش وزيزو



ذاكر انجليزي مع ممش وزيزو

Grade 3 March 2026 test model 18

1. Choose the correct answer from a, b, c or d

3 M

1. You wait for the green light before crossing.
 a) mustn't b) must c) is
2. They drink juice.
 a) a b) an c) some
3. You should take care of , Seleem.
 a) yourself b) himself c) themselves

2. Read and complete the text with the words below:

3 M

tired - food - Egypt

Heba helped many people during hard times in She always cared about others. She gave and clothes to poor families. She is honest and brave.

3. Punctuate the following

4 M

1. what did she do

2. omar had a little yogurt

Grade 3 March 2026 test model 19

1. Choose the correct answer from a, b, c or d

3 M

1. You wash your face in the morning.

- a) mustn't b) must c) are

2. He eats two every day.

- a) carrot b) carrots c) a carrot

3. Take care of , girls.

- a) yourself b) yourselves c) herself

2. Read and complete the text with the words below:

3 M

blue - red - street

Lana stood at the corner of the She saw the big stop sign. Her father said: "Stop! Wait for the green light before you cross.

3. Punctuate the following

4 M

1. karim thinks the swimmer is kind

.....

2. is this an emergency

.....



ذاكر انجليزى مع مشمش وزيزو

شدد حياك يا بطل



ذاكر انجليزى مع مشمش وزيزو

ربنا معاك

Grade 3 March 2026 test model 20

1. Choose the correct answer from a, b, c or d

3 M

1. I have eggs in the morning

- a) an b) a c) two

2. You be careful.

- a) must b) mustn't c) is

3. Ali makes salad by

- a) myself b) herself b) himself

2. Read and complete the text with the words below:

3 M

uniform - people - car

I'm Doctor Ali. I help feel better. I wear a special I check patients and give them the help they need.

3. Punctuate the following

4 M

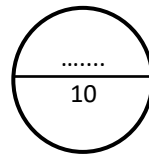
1. what do you eat for breakfast

.....

2. heba helped many people

.....

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Model 1

1- Choose the correct answer from a, b, c or d: (3 M)

- The keeps us safe.
a. emergency b. policeman c. fire
- He made a cake by
a. himself b. herself c. itself
- A..... is a person who shows others what to do. AB
a. leader b. player c. footballer

2- Read and complete the text with the words in the box: (2 M)

right – followed – waited

Ali was crossing the street. He (1)carefully and did not walk on the street. When the green light turned on, he looked (2) and left. He crossed the street safely.

3- Put the words in the correct order to make correct sentences: (3 M)

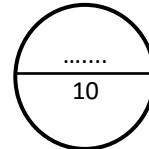
1. Sama - for - waits - light - green – the - .
-
2. football - He - plays - friends - with - his - .
-
3. respect - our - We - should - teacher - .

4-Punctuate the following sentences: (2)

ali was reading a book AB

he followed the rules and was careful at home

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Model 5**1– Look and rearrange the letters to make a word :****(3 M)**u - n - s - t

e - a - b - r - v

l - e - h - m - e - t

2- Read the text and answer the questions:**(4 M)**

We should eat healthy food .Fruits and vegetables are very important to us. They are full of vitamins and minerals that help us grow strong. They also help us fight sickness. When we eat the right food, we have good energy every day.

A) Choose the correct answer from a, b or c :

1. We should eat..... food .

a. unhealthy

b. healthy

c. dirty

2. Fruits and vegetables help ussickness .

a. hide

b. night

c. fight

B) Answer the following questions:

3. Why should we eat fruits and vegetables?

.....

4. What happens when we eat the right food?

.....

3- Put the words in the correct order to make correct sentences: **(3 M)**1. father - My - a stomachache - has - .

.....

2. had - a good - day - Heba - .

AB

.....

3. Hani - rules - followed - the - .

AB

.....

كيفية طباعة صفحات معينة من ملف معين مثلا ازاي نطبع الصفحات من صفحة 4 الى صفحة 9

